

Sexism is a social injustice that females of all ages suffer from. It is a long and endless cycle that seems to



never end. With all the types of sexism and the violent behavior that comes behind it, it is very worry to see how we handle it.

For more information check out these.

<https://doi.org/10.1007/s11199-014-0417-1>.

<https://doi.org/10.1007/s11199-009-9635-3>.

<https://doi.org/10.1177/0886260516645813>

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Why are women faced to deal with unwanted sexual attention or touching just because they are females?

By Shemika Semple

What is sexism?

Sexism is prejudice or discrimination based on gender. It mostly affects woman and girls of all ages. Types of **Sexism**: Hostile, Benevolent, Ambivalent, Institutional, Interpersonal, Internalized

How does it affect females?

Sexism is a toxic behavior that makes a female's life much worse than it should be. In studies it shows that the well-being of females is in danger because of the toxicity. Sexism messes with the mind and damages the self-esteem. Imagine if you were exposed to sexist behaviors. How would you feel?



Can sexism be confronted?

Yes, it can be confronted but most are reluctant to do so. You may be thinking what problems can occur? Well violence can happen or more sexist behavior. In research it states that depending on a woman's experience or

surroundings it can make confronting sexism very hard. The difference between confronting your peers and then confronting your coworkers is a tremendously hard choice.

Is sexism and double standards related?

Studies show that double standard is probably one of the main causes of sexism. A woman and a man can both have more than one partner. The difference between two is that the woman is seen as a slut whereas, the man is seen as "The Man". Why is a woman seen as an object that can be abused and destroyed? We need to come together to stop this toxic cycle.