

Tais Chicaiza

ENG1121

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## **U2 Annotated Bibliography**

### **Introduction**

What are the Barriers to healthcare for Hispanic people? I'm interested to conduct deep research about this question because personally, I know that the Latino community as well as some of my family members struggle to find the best quality of healthcare. Lack of access to health insurance and excellent health services is frequently caused by immigration status. During my research . I found out that the Hispanic/Latino population faced more barriers and had lower levels of access to care. Most importantly, Immigration status plays a role, especially undocumented immigrants are not eligible for government funded health insurance and often cannot afford a large amount of money to pay for the coverage of the any insurance company. Supposedly, health insurance has to help a person to stay healthy, even if the person is in good health, insurance companies such as public services, has to make sure that people have the access to primary care, emergency treatment, and free services. In this study, I'm trying to figure out the major principals of accessing public health care. What actions can we do to improve the healthcare rules that affect the Hispanic community and what can we do to assist them.

Citation #1: Ariel Gelrud Shiro and Richard V. Reeves. Latinos often lack to healthcare and have poor health outcomes, here's what we can do to change that, Friday September 25,2020

<https://www.brookings.edu/blog/how-we-rise/2020/09/25/latinos-often-lack-access-to-healthcare-and-have-poor-health-outcomes-heres-how-we-can-change-that/>

Summary: This article provides the information of the Hispanic population, the statistics of the complicated health issues within the Hispanic community and the impact of COVID19. It talks about Latinos have lower health in a variety of ways. Simultaneously, they are less likely to receive high-quality treatment. According to the article, it says that one out of every two Latinos will get diabetes as well as other health issues. Latinos have a higher chance of getting type 2 diabetes than non-Hispanic whites, and once diagnosed, they have worse outcomes. Most importantly, this article provides an useful information about the major possibilities for Hispanic to obtain a better healthcare services such as community health workers like “Promotores de la salud” They help provide health education and outreach services to Spanish-speaking communities across the country. These programs have been shown to increase health behaviors that reduce the risk of cardiovascular disease and cervical cancer. I notice that they’re now being used to promote COVID-19 best practices in Latino communities.

Reflection: This doesn’t specifically apply for Latinos who have legal documents allowing them to reside in the United States. Latinos that come from Central and south America doesn’t have the possibility to enter the country, instead , Most of the Hispanics immigrate in the United States illegally, without any specific documentation and once they enter the country, there won’t be any major opportunities for them to receive, especially health care services . During this research , I learned that The U.S. Hispanic/Latino population faces significant barriers to accessing healthcare and the most common barriers Latinos face are language barriers, cost barriers, immigration statuses, insurance coverage , and education barriers, as well as lack of access to healthcare providers. These barriers affect and impact , not only their ability to access healthcare but also the quality of healthcare they receive.

Quotation: “Latinos are the second-fastest-growing racial/ethnic group in the country and they are diverse in many regards. As a whole, Latinos suffer from poorer health on many measures. At the same time, they are less likely to have access to high-quality care.”

*Citation #2:* Aguirre-Molina, Marilyn., Carlos W. Molina, and Ruth E. Zambrana. *Health Issues in the Latino Community*. San Francisco: Jossey Bass Publishers, 2001. Print.

Summary: This book provides the Health Issues in the Latino Community which analyzes and examines the most pressing health concerns that influence Latinos’ health and health care in the United States. This book provides the information of the Latino population, it consists of every aspect of their lives such as economic and demographic profile of Latinos by subgroups, with analyses their implications for the health and health care systems. It talks about the statistics of adults and children in the United States. This book also talks about the Problems with obtaining access to health care and lack of insurance coverage or inadequate coverage in children and adolescents in the Latino community. One of the examples is oral healthcare. Having the Access to oral health care is a significant problem for poor Latino children as well as medical and vision plans.

Reflection: I believe that its true because that majority of the Hispanic population that live in the state of New York, had demonstrated complains in the healthcare system. This is a problem I frequently encounter. Simply because some clinics refuse to take my insurance's full coverage includes which includes in trying to make an appointment with a dentist.

Quotation: “Latinos are more than twice as likely to lack health insurance as the population overall. This gap persists despite a booming economy .Access to health care services is crucial to maintaining good health. A consistent theme that emerges in the literature on Latino children is their lack of access to care due to lack of insurance and lower quality of care once they enter the system.”

Citation#3: Brooke A .Lewis, Healthcare Options for Undocumented Immigrants, Good Rx Health, 10 Sept, 2021

<https://www.goodrx.com/healthcare-access/patient-advocacy/healthcare-undocumented>

Summary: This source mostly talks about the greatest opportunities for undocumented immigrants in obtaining a health insurance. This article is informative and helpful in terms of giving out all the resources that they can obtain in case of an emergency. I strongly agree that this is the only source that can help undocumented families provide for their children. I must mentioned that this article delivers great resources for Undocumented immigrants .One example is to to apply for emergency Medicaid, which is utilized when a person is having severe symptoms that could cause a body component or organ to malfunction in a way that threatens their life or health.

Reflection: As I reading the article , I got to the conclusion that the majority of undocumented Hispanics are reluctant to visit hospitals for fear of deportation and discrimination Since sometimes they cannot speak English, they have unlimited language .Many times , they have to encounter agents who offers them health insurance, and often ask them for many requirements such as social security, or green card etc., and because they do not have them, they do not qualify.

Quotation: “Undocumented immigrants face barriers in accessing healthcare, but there are options — from free clinics and price negotiation to paying cash — for the medical care you may need. Federally qualified health centers and safety-net hospitals typically have the resources and policies to serve undocumented patients who cannot pay fully out of pocket for healthcare. Undocumented immigrants experiencing emergency conditions also may qualify for emergency Medicaid.”

## **Conclusion**

When I did my research, I notice one of the principal obstacles . One of the following factors prevent this population from accessing healthcare such as discrimination, language barriers, cost barriers, immigration statuses, and a lack of access to healthcare providers. It is evident why

Latinos and Hispanics have poorer health outcomes than other populations. I think more study is needed to determine the consequences of low healthcare quality because it seems that doing this research, I haven't found any resources that proves my question about other issues aside from discrimination and the acceptance of undocumented immigrants. I believe that its necessary to conduct deep research about this issue of healthcare, specially by asking someone who has went through these situations. As I was looking online, it was challenging to find an article that proves my claim because I spend many hours trying to find a good article and I still haven't found one. However, I found a solution about this never-ending situation , and is by asking my parents. Since their first language is Spanish , they did have problem with their insurance company. I asked them what obstacles they have to surpassed in order to have a high-quality service. According to my parents, the only problem was finding a clinic or any particular place that could cover their insurance. Indeed, it doesn't apply of receiving a partial coverage and It's complicated to look for a place that accepts Full coverage . That means having to find plan that covers essential benefits for a cost you can afford. In the end, it came to the conclusion that people have to pay partial insurance. Meaning that they don't have to pay a lot. Nevertheless, the healthcare system is complicated. Encountering these situations can be frustrating. Even if you don't want to pay a single penny. That being said, it is unacceptable for undocumented immigrants to have to encounter discrimination as well as experiencing a period of stress as a result of having to spend a huge sum of money for their health. I hope in the future, America as well as others countries can consider this as a social injustice