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U3 project

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Dear policy makers

I am writing this open letter in response to a critical problem that our society has been facing: the rise in violence among young adults. The surge in violent episodes affecting people in their late teens and early twenties is depressing. It is our duty as concerned citizens to investigate the underlying reasons for this worrying trend. The impact of media and entertainment is a well-known factor contributing to the rise in violence among young adults. Frequent exposure to violent media, including video games, music, and movies, desensitizes young brains and normalizes aggressiveness. This may result in a warped sense of reality and a propensity for aggressive conduct.

Introduction:

Furthermore Poverty and inequality are examples of socioeconomic variables that greatly contribute to the rise in violence. Opportunities for school and work are frequently restricted for young adults who are raised in underprivileged circumstances. For instance ([National Center for Injury Prevention and Control, Division of Violence Prevention \(source 1\)](#))

Helps alot with young adults with underprivileged families. This guy talks about his struggles as a child growing up in a low-income household. In the end, he was able to get counseling by joining in with a mental health support program. Their lack of opportunities can lead to frustration and negativity which might lead them down harmful roads. I can ensure It is crucial to

fund mental health care. People with untreated mental conditions conduct a large number of gun-related crimes. We can potentially avert these sad events by offering readily available and reasonably priced mental health services.

Another thing I have in mind to prevent gun violence among young adults is All firearms purchases must be subject to thorough background checks. By doing this, it will be easier to identify those who have a history of violence or mental illness and stop them from getting guns. Closing loopholes that permit private transactions without background checks is also essential to limiting the access of firearms to possible threats. Additionally, education is essential in reducing the use of firearms. Enforcing required programs in schools that address empathy, anger management, and conflict resolution can assist young individuals in creating healthy coping strategies and cultivate a non-violent society. Also tighter laws pertaining to assault rifles are required. These weapons should never be in the hands of civilians since they have been used in several horrific shootings. Large-scale acts of violence will be far less likely if their sale and possession are outlawed.

My interest in this subject made me more curious. The issue of gun violence among young adults is urgent and has to be addressed right away. I have a strong desire to learn more about the underlying reasons behind this concerning trend as a concerned citizen. By researching this subject, I intend to provide useful answers as well as insight into the causes of the high rates of gun violence among young adults.

Citation 2 Kappel, Rachel H., et al. "Prevalence of Adverse Childhood Experiences (ACEs) and Associated Health Risks and Risk Behaviors among Young Women and Men in Honduras." *Child Abuse & Neglect*, vol. 115, 2021, pp. 104993–104993, <https://doi.org/10.1016/j.chiabu.2021.104993>.

This article provides that Policymakers may be able to lessen the negative impact that these unfavorable events have on people's health by addressing them at an early age. Targeted interventions can also assist in reducing risky behaviors in young people who have experienced ACEs. The article also highlights a noteworthy difference in the ACE prevalence rates among various demographic groups.

Source 3 : <https://www.verywellfamily.com/causes-of-youth-violence-2611437>

Yet, once you read the piece you will understand that, young adults or Teenage violence is mostly caused by exposure to violence in the home and community. Children who witness domestic abuse or who are raised in high-crime neighborhoods are more likely to respond aggressively when they grow up. Parental disengagement and monitoring may also play a role in this problem. Influence from the media and technology are significant extra variables. Children can get desensitized to violent films, TV shows, and video games, which might normalize aggressive conduct.

Overall in order to build safer communities, it is critical to investigate the causes of the high rates of gun violence among young adults. We may learn a great deal about the contributing elements and create practical plans to stop these kinds of situations from happening in the first

place by conducting study in this particular field. Ultimately, we can strive toward a future where our young are protected from the terrible effects of gun violence by tackling this issue completely through research-driven solutions.

Sincerely,
Tashkay dickens