
The Fundamentals Of Football

A guide by Hana Azzubaidi

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Interesting Facts

- American Football evolved from soccer and rugby
- Football is America's #1 sport and has been the most popular sport every year since 1972
- The Super Bowl XLIX (49) game had an average of 114.4 million viewers



Super Bowl

The Super Bowl is an annual championship game played between mid January and early February. It is a very popular sporting event that takes place every year to determine the championship team of the NFL. The Super Bowl is apart of the American culture and has become a tradition to celebrate as not only football fans but not football fans watch.



Professional Football Players

Former Players: Terry Crews, Joe Namath, Joe Montana, Jerry Rice, Walter Payton, Dan Marino, Michael Strahan, Brett Favre

Current Players: Tom Brady, Aaron Rodgers, Patrick Mahomes, Drew Brees, Russell Wilson



Historical Timeline

November 12, 1892

William Heffelfinger was paid \$500 to play football, making him the first professional football player

October 3, 1920

The first ever NFL game was hosted

1892

1920

1922

September 1920

The football league was formed and called the American Football Association

1922

Later renamed the league to the National Football League (NFL)



William Pudge Heffelfinger



Expense Account, William Pudge Heffelfinger
Pro Football Club

Game of Oct. 29, 1920 - A.A.A. vs. Washington F.C.
balance carried over (account) \$452.20
game ticket gross for it (check) \$250.00
train traveling expenses (cash) \$221.83
net profit \$480.37
total balance \$448.30

Game of Nov. 12, 1920 - A.A.A. vs. Pittsburg F.C.
balance carried over (account) \$448.30
game ticket gross for it (check) \$483.50
gross receipts for game for it (check) \$420.00
gross receipts for game for it (check) \$80.50
gross receipts for game for it (check) \$75.00
gross receipts for game for it (check) \$9.00
game performance bonus to
W. Heffelfinger for playing (cash) \$500.00
total expenses \$1,042.00
net profit \$621.00
total balance \$1,089.85

Game of Nov. 19, 1920 - A.A.A. vs. W.J. College
balance carried over (account) \$1,089.85
game ticket gross for it (check) \$74.00
gross receipts for game for it (check) \$238.00
gross receipts for game for it (check) \$50.00
gross receipts for game for it (check) \$250.00
total expenses \$532.00
net profit \$209.00
total balance \$1,297.00

This above account is hereby certified as
correct by the following financial manager:
W. Heffelfinger

Pro football's "birth certificate"
(evidence of the actual
payment)

What people are saying

“Football is too dangerous”

“Football should be cancelled/
banned”

“Does the league even care about the safety of the players”

Safety Rules & Regulations

- A helmet to helmet hit is illegal
- You cannot hit a player once they're out of bounds
- When the kicker is kicking the ball it's illegal contact if you hit their feet or legs
- It is a foul if a player lowers his head to initiate and make contact with his helmet against an opponent. In which, the player is most likely to be disqualified

Comparing Original & Current Football Uniforms



Therefore, showing
that the league
does care for the
safety of their
players through the
advancement of
uniforms with more
protection

WHY?

I chose this genre because I find it an interesting topic as it's one of my passions. I want viewers to understand the art of the game and the meaning behind it. Where it's more than a game. It's about unity and people coming together from different backgrounds to show their love and support for the game.

My audience is both football fans and non football fans. It's for anyone who wants to learn about the genre as my website contains significant information.

I used earth tones throughout my website to show the nature themes of football like the field (grass), mud, etc.



Work Cited

- ❖ <https://www.profootballhof.com/football-history/birth-of-pro-football/>
- ❖ <https://bleacherreport.com/articles/1497042-20-most-watched-super-bowls-of-all-time>
- ❖ <https://operations.nfl.com/football-ops/nfl-ops-honoring-the-game/health-safety-rules-changes/>