

**“The Food Gap Is Widening”**  
by James Hamblin

**Vocabulary...**

disparity (disparities)\*  
socioeconomic\*  
deteriorate  
spectrum  
legume(s)  
disconcerting  
epidemiology

chronic  
inflammation  
tenable  
marginalize  
disproportionate  
incentive  
consumption

unilateral  
dubious  
induce  
aplomb  
moniker

**Reading Questions...**

1. Explain the meaning of the following sentence from the article: “Nutritional disparities between America’s rich and poor are growing.”
2. What are two foods (or food components) that have become less prevalent in our diets recently? Explain the cause of this change for one of those foods.

**Discussion Question...**

1. Why is there a difference in nutritional habits based on socioeconomic status? What role do government programs such as SNAP play?