



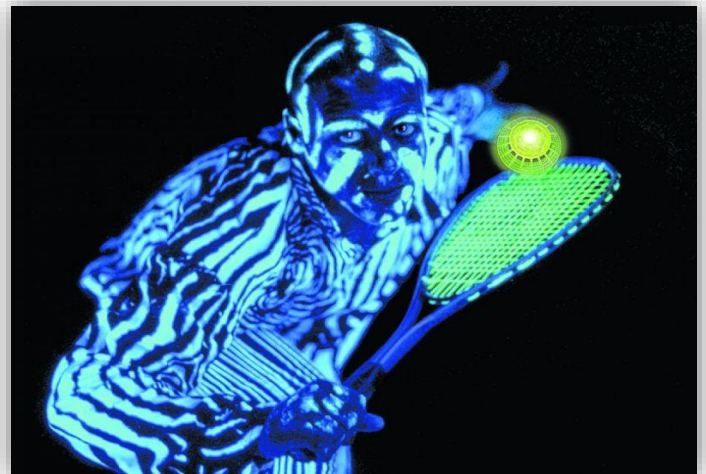
Speedminton is a form of badminton played without a net. It is faster than ordinary badminton. It combines rules from different sports like badminton, squash and tennis. Today, Speedminton is played all around the world. There are about 3,000 registered players that compete internationally and about 2 million players around the world.

There is no net in between players. There is also no firm rules about where it is played. It can be played on tennis courts, streets, beaches, fields or gyms. The court is two squares 18 feet length. They are fixed opposite to each other at a distance of 42 ft.

Speed Badminton can be played outside and inside, the court can be painted or pegged off. There is even the possibility to use a portable court. Speedminton played in the dark is called Blackminton. With black lights, fluorescent paints, rackets and special night speeders with glow sticks it is possible to play even at night.

RULES

Both of the players need a racket. The rackets are similar to the ones used in squash but are specially produced for Speedminton. They are 23.5 inches long, and the material and the strings are different. The ball is called speeder and is heavier than a conventional badminton shuttlecock, meaning it can resist wind force.



A set is played until 16 points. At a score of 15:15 there is overtime where two points head start are needed to win the set. A game usually lasts three winning sets. At tournaments, it is possible to play only two winning sets until the half finals.

The right to serve first is drawn by throwing a coin or a speeder. Every player has three serves. Every rally scores. At a score of 15:15 the serve switches after every point. The serve must be done out of the designated zone which is 10 feet behind the front offensive line.

SPEEDMINTON

This line must not be crossed and the serve is played bottom-up. The first serve of the next set is done by the loser of the previous set.



THE SCORING

Every rally counts; however it should be repeated in unclear situations. Points are awarded in the following cases: Service fault, speeder lands outside of the court (If a player returns a speeder from outside the court, the play continues), speeder falls on the ground, speeder lands on the court (or on one of the lines) and cannot be returned, body contact with the speeder.

Speedminton is a fun and effective way to improve fitness. It has fast and simple set up and, no court or net needed. It can be played virtually on any surface, indoors or outdoors. It is easy to learn, it has simple rules and it is an activity that can be enjoyed in New York City parks, beaches, courts and other open spaces. It is an activity that can be enjoyed by the whole family.

