

Bowling

Origins

Bowling is one of the most popular sports in the world that comes with a rich history. According to the discoveries done in 1930's by an anthropologist, Sir Flinders Petrie, origins leads back to Egypt around 3200 BC. Collections of objects were found in a child's grave that appeared to be used for a crude form of bowling. There is also significant evidence that in 1366 bowling was popular in England – when King Edward III outlawed it to keep his troops focused on archery practices. By this time there were many variations of pin games such as the French petanque, Italian bocce and British lawn bowling.

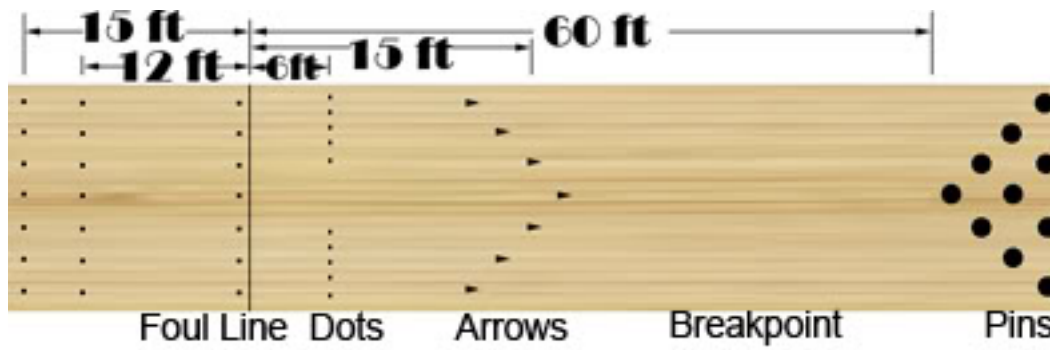
Casual Players

Progress of Play

A game is made up of 10 frames. Each frame represents one turn for the bowler, and in each turn the player is to roll the ball twice unless it's a strike in which the player knocks down all the pins with the first roll. If all the pins are knocked down with two balls, it is a spare. On the side of the lanes are gutters. If the ball goes off the edge of the lane, it will drop into the gutter and be carried past the pins.

How to bowl:

1. Choose your ball.
2. Hold the bowling ball with your middle and ring finger in the top holes, and your thumb in the bottom.
3. Hold the ball in front of the center of your chest, and approach the foul line.
4. Use the guide dots on the lane to help aim your throw.
5. Swing your ball arm back as you approach the line and then move it forward and release the ball in one smooth motion.
6. Try to finish your approach within six inches of the foul line



Equipment

1. Bowling shoes – provided by most bowling alleys.
2. Bowling ball – provided by most bowling alleys.

Where

Lucky Strike

42nd St and 12th Ave

624-660 W 42nd Street

New York, NY 10036



- <http://www.bowlingmuseum.com/Visit/History-of-Bowling>
- <https://www.myactivesg.com/sports/bowling/how-to-play/bowling-equipment/what-equipment-do-you-need-for-bowling>
- <http://www.wikihow.com/Bowl>
- <http://www.pba.com/Resources/Bowling101/>