

# Chelsea

## **The High Line**

The High Line is a tourist “must see” attraction site in the city which was transformed from the old railways. In 1934, the High Line was to build to carry goods to and from Manhattan’s largest industrial district from 34<sup>th</sup> Street to St John’s Park Terminal, at Spring Street. However, it only last for 50 years because of the interstate trucking. In 1999, Friends of the High Line, Joshua David and Robert Hammond who are the residents of the High Line neighborhood suggested for the High Line’s preservation and reuse as public open space. The first two sections of the High Line were opens to the public in June, 2009. After High Line was open to the public, each year they are welcomes 2 million New York to come visit. One of the uniqueness is the elevated a mile and a half long urban park and it is free to everyone. Also, they have different kinds of events every month for residents to join. However, there is a downside of the park which is it only has one set of restroom in the park and pets are not allowed.



## **Flying Trapeze in Chelsea**

Trapeze School New York is located in Chelsea Piers. Flying trapeze refers to a trapeze act where a student, or "flyer," grabs the trapeze bar and jumps off a high platform, or pedestal board, so that gravity creates the swing. The performer often releases the bar and is caught by an instructor, the "catcher," who hangs by his or her knees on another trapeze, or sometimes on a cradle, which can be either stationary or also swinging. It is an amazing rush of adrenaline. The trapeze school’s motto is: “Forget the fear, worry about addiction!”

## **The Chelsea Piers**

It is a series of piers in Chelsea which is located on the West Side of Manhattan in New York City. The piers are currently used by the Chelsea Piers Sports & Entertainment Complex. The biggest attraction of the piers is the Sports Center. It is the most unique full service gym and fitness club in NYC. It is the city’s largest training center. They have so many sports facilities and the programs they provided are taught by many of the country’s top sports and fitness instructors. The Sports Center will inspire you to achieve all of your sports and fitness goals. Moreover, they also have a bowling center and two full sized ice rinks for skating.



## Chelsea Market

Chelsea Market is one block long and one block wide. It is located in the Meatpacking district / Chelsea. Chelsea Market has become in just fifteen years one of the greatest indoor food halls of the world, with more than thirty-five vendors. They offer everything from soup to nuts, wine to coffee, cheese to cheesecake. The Chelsea market is one of the most talked and written about places in New York. It is a neighborhood market with a global perspective.

The area has always been the focus of food in the city, beginning with the Algonquin Indians, who traded their game and crops on the banks of the Hudson River at this same spot. The trains of the High Line once served the wholesale butchers who lined the streets beneath the tracks and cooled their provisions with blocks of Hudson River ice and the National Biscuit Company established its factor now reclaimed as the Chelsea Market there to take advantage of the butchers lard in the nineteenth century. This long history and the stripped down brick architecture of the building gives the Market a unique character. For foodies and even casual tourists, it is possible to enter the Market at one end in the morning and not exit the other until lunchtime, without ever getting bored and certainly without ever going hungry.



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## Chelsea art district

The Chelsea art district is one of the most important and influential art districts in the world. It is the must go destination in New York. This district is focused on contemporary arts. But you can also find some traditional arts, fine arts photography, paintings, prints, sculpture and other types of visual arts. The most important thing is that visitors can visit all the galleries for free of cost. The art district (largely concentrated between West 18th and West 27th Streets, and 10th and 11th Avenues) is an exemplary part of the New York art experience. It is kind of impossible to visit all the galleries but here are some of the lists of top 5 galleries according to the New York Magazine.



- 1) Barbara Gladstone Gallery
- 2) David Zwirner
- 3) Gagosian Gallery
- 4) Matthew Marks
- 5) Zach Feuer Gallery