
GUIDE FOR STUDENTS

FYX

MASTERING YOUR TIME

STRATEGIES FOR THE FIRST YEAR



FEBRUARY 2025

CREATE YOUR FIRST
YEAR EXPERIENCE

TIME OUTSIDE OF CLASS



Transitioning from high school to college means more responsibility for your education. Understanding the time needed outside of class is key, and the [The Companion for the First Year at City Tech](#) is a valuable resource for navigating your first year.

1

For every hour in class, plan to spend **2 hours outside of class** on homework and studying

2

[Chapter 2: Time and Energy](#) great advice on managing your schedule

3

Start thinking about your **study time as part of your overall plan** for success

CREATE YOUR WEEKLY SCHEDULE

Use these pointers and the fillable grid to map out:

- ◆ Time in class
- ◆ Library study sessions
- ◆ Writing Center visits
- ◆ Tutoring and research projects
- ◆ Work and other commitments

This is often a big eye-opener for new students and helps you plan effectively!

