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Internship Midterm Essay Exam

Fashion has the ability to change and have an impact on life. Fashion is human in nature and consequently political due to its tight link with each individual because all humans have to wear clothes and every item one purchases is a representation of their personal tastes. In many aspects of a person's everyday life, including interpersonal interactions, social events, and the workplace, the clothes they wear frequently play a crucial role. They have a significant impact on how someone feels, command respect, and frequently have an impact on initial impressions (Brannigan, 2020). Shoes are one of the most important pieces of clothing in fashion that help create a sense of style as they are truly functional as well as fashionable. Shoes can create the feeling of walking on clouds as well as add the necessary accessory to create a gorgeous entrance.

When visiting The Fashion Institute of Technology Museum of The Shoes Anatomy Identity, Magic exhibit, one is welcomed to explore their physical, social and psychological relationship with shoes. More than 300 of the 5,000 pairs of shoes, boots, sandals, and sneakers from the museum's permanent collection, often known as "the closet," are on display. The collection of The Museum at FIT published by Taschen (The Museum at FIT, 2022). Based on the collection, it is obvious that this exhibition honors the distinctive and eye-catching footwear designs by Valerie Steele and Colleen Hill. Every single one of them stands out from the others due to their unique designs, but there is one thing that links them all together that is the shoes' anatomy, identity and magic.

Roger Vivier, red silk pumps with rhinestone buckles, spring 2016, France, gift of Roger Vivier, 2019.7.6. The red silk pumps with rhinestone buckles, designed by Roger Vivier, is one of the outstanding "Magic Red Shoes" of the Shoes: Anatomy, identity and Magic exhibition of the Museum at FIT. Red Shoe tells a moral story based on sin and the idea of ultimate salvation. The story is based on the hero's desire for a pair of shoes and the consequences of attraction (The Museum at FIT, 2022). Depending on the situation, red shoes may be linked to riches, status, danger, or sex appeal.

The color of Roger Viver's designed footwear is chili red, which is toned down with a bit of brown. This color attracts attention, creates an emotional connection, and leads the consumer to the product. Color is often a primary reason why a person is attracted to and buys a particular item of clothing (Visual Merchandising, Ch 1-4, 2022). Red is one of the most often used solid colors, and its significance in fashion is everlasting and ageless. It is also seasonless. For any skin tone, the color red can make a woman look more appealing, brighten her complexion, and give her body a sense of harmony. "Red grabs attention and is associated with excitement, passion, danger, energy, courage and speed"(Pisa, 2020). Women most often associate red shoes with love, romance, and passion when they wear them. Most women adore wearing red shoes, which is a sign of their energy, determination, passion, slight aggression, and outspokenness.

Plastic, leather, wood, fabric, animal hides, paper (for patterns and labels), and various cements and glues are used to make the red silk pumps with rhinestone buckled shoes, and its

texture is silk and rock crystal and or polymers such as acrylic. The upper of the shoe is made from silk fibers(see page 4) that have the recognizable shiny, smooth darker shade of silk. Based on the Swatch Kit the silk fabric used is called “china silk, made of polyester, and the main factors are synthetic fibers/balanced lightweight opaque plain weave. Polyester mimics other fibers made to imitate silk (The textile kit, 2022)

Line: There are high heels in many different styles and heights. The structure of the high heel is basically the same in all shoe types, despite the seemingly limitless variety. In addition, knowing a little about the anatomy and structure of the high heel can make one a more informed consumer and this is crucial when looking for the ideal high heel shoe for anyone (Dupere, 2022). This Roger Viver’s red heel is a “almond toe pump” type heel. This Pump shoe is a style of high heel. It is considered a classic style and it is one of the most popular types of high-heeled shoes. It consists of insole, topline, vamp, toebox, outsole, counter, heel pitch top piece and heel breast. (Visual Merchandising, ch 1-4, 2021) This shoe is a contemporary style of footwear that is primarily made to protect and give comfort to human feet. Pumps are becoming a crucial component of current fashion as well (Sizerunner, 2021). Since the day that shoes were mass made, their structure and shape have undergone constant change, and they now differ from culture to culture and age to era.

Rhythm is the independent transition from one element to another. directs attention of the spectator from dominant things to inferior objects (Visual Merchandising, ch 1-4, 2022). In these red shoes the rhythm "pressed walk" technique is used, where weight is put on the ball of the foot with a bent knee and the knee only straightens as the heel touches the ground. (American rhythm, 2022). The difference between the quantity of material under a shoe's forefoot and its heel is known as heel-toe drop, also known as offset. When wearing this heel with the help of its rhythm dancers of various skill levels can choose from a wide variety of steps. Rhythm is a lively style. Rhythm is the silliest of the playful styles.

Balance: While more practice wearing high heels has little effect on overall balance performance, Roger Vivier’s red heels does have some positive effects on stability limitations in terms of excursions and directional control in the forward and backward directions.

Contrast: These red high heels make a person appear taller, give the appearance that the legs are longer, and highlight their leg muscles. But on the other hand, those heels can cause stress fractures, which are little breaks in the bone brought on by repeated mechanical stress, and can also develop in the feet as a result of wearing high heels.

Juxtaposition of these red heels are outside and inside, day and night. Meaning those heels can be worn inside the workplace such as office and professional rooms. As well as the outside when going out on a date. Which is clear that it can be worn on a day as well as night at the evening parties and events.

Proportion is the relationship between an element's size, scale, and "weight" (Visual Merchandising Ch 1-4, 2022). This outfit is quite proportionate because everything is similar in

size and scale, including the heels, which aren't overly apparent and have a reasonable amount of toe box.

Reputations or repeating an idea or motif (Visual Merchandising Ch 1-4, 2022). It can be seen through the fine lines of the shoes, but later when the shoes are without rhinestones, they also have fine stripes. So one can see clearly. Repetition of fine lines throughout the garment.

Composition shaped around the idea that some elements should be dominant is dominance and usually mannequins (Visual Merchandising Ch 1-4, 2022). The dominant quality of this shoe is the heels themselves. The shoes stand with a strong and confident stance.

Major newspapers like "The Harvard Gazette" published articles about tracking the effects of high heels at work. Stilettos, pumps, kitten heels, or ballerina flats: shoes are both a practical necessity and a semi-serious passion for many people (Pazzanese, 2022). Women know they are judged by their clothes, but even their shoe choices affect how they are perceived in the office. Heels can be effective "power dressing" accessories that help some people advance professionally by enhancing their self-assurance and projecting authority. Others associate them with stereotypical ideas of femininity that promote sexual objectification and harm job opportunities. Regardless, high heels are still frequently regarded as the most appropriate footwear for women in various professions, from luxury retail sales and the aviation industry to investment banks and courtrooms (Pazzanese, 2022). Women who refuse to wear heels in the workplace may be legally fired by their employers for misconduct in various nations, such as the United Kingdom, Japan, and Israel. Employers are allowed to impose dress requirements in the US as long as they don't unfairly disadvantage one gender group (Rachelle, 2019). Men and women in their 20s to 50s gave women who were wearing flats higher ratings because they believed they were more capable, more prepared, and had better judgment (Rachelle, 2019). However, there are some situations where heels are mandatory to wear even if they are painful. Based on the Harvard Gazette newspaper, people assessed women in a range of work situations, including leading classes, giving presentations, conducting job interviews, and participating in negotiations, with the only difference being whether the woman was wearing high heels or flats.

Vittori newsletter is another source that is publishing a current event about The Perfect Balance: Wear stylish shoes, while comfortably keeping feet & ankles healthy. According to Vittori, an ideal pair of shoes is a must-have piece for every beautiful set. Not only will this complete the outfit, it will surprise anyone who sees them moving on the floor. When it comes to fashion shoes, the importance of how shoes often look trumps another important aspect of how they feel. The significance of the appropriate fit is that The shoe must be the ideal fit, just like with Cinderella and the glass slipper. (The perfect balance, 2022). If one doesn't take care of the health of their feet, there are several spots on the feet where things could go wrong. Even if the brand-new shoes might be among the most stylish of the year and look amazing, wearing footwear that hurts the feet could have long-lasting consequences. The appropriate shoe that supports the ankle and keeps the feet feeling great may be found, and there is now absolutely no reason why a shoe can't be both comfortable and fashionable. Based on the Vittori newspaper, pump closed-toe heels should have a flexible toe, but the sole should be solid, giving the shoe a

solid bottom at the arch. This gives them the support they require while still allowing the feet to move naturally.

Image 1: Silk fabric & Rhinestone



Image 2: Pic of the exhibit



Roger Vivier, red silk pumps with rhinestone buckles, spring 2016, France, gift of Roger Vivier, 2019.7.6

Image 3: Pic of Nargiza



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The perfect balance: Wear stylish shoes, while comfortably keeping your feet & ankles healthy.

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