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March 16th, 2022

## Critical Analysis Paper Assignment #1

### Home Peel-Off Masks

A beauty product that has been trading Over the last few years and is commonly accepted beauty practice is a beauty product known as peel-off masks that has been popular among millions of individuals in the United States and around the world.



Peel-off face mask is produced with only a few potent components and is a great way to clear your skin on a weekly basis. Peel-off masks go deep into your pores, gently removing dead cells and impurities from the outer layer of your skin and it provides firmness to the skin by reducing the size of pores, making the masker seem younger. To have balanced, toned and healthy

skin, it is very important to remove dirt, bacteria, debris and other impurities. In this situation, it is useful to use exfoliating masks. In general peel offs masks are often made with vitamins, plants, or fruit extracts and contain charcoal, antioxidants, and botanicals. These important elements work together to give us the glowing skin we have always wanted. Glue or gelatin, or egg whites and tissue, are used to make DIY peel-off face masks. The most efficient masks for

eliminating impurities and purifying skin are those made with glue. They are, however, the most prone to remove patches of good skin accidentally. There are multiple types of peel off masks and based on the article, “The best peel off masks that are actually good for your skin,” the most common ones are:

- Serious Glypeel peel of mask
- Charcoal Peel off bubble mask
- Luminizing Black charcoal mask
- 10-seed nourishing modeling mask
- Gravity mud firming treatment
- Real squeeze aloe vera peel off face mask
- Because life revitalizing peel off mask
- Life off purifying and brightening peel off mask
- Ginzing peel off mask to refine & refresh
- Hyaluronic Marine Hydrating Modeling mask
- Aquadefense matcha detox mask
- Cucumber facial peel off mask
- Arctic hydration rubberizing mask with vitamin

Many people are unsure how to use peel-off masks effectively. However, there is a right way to use them. The first step in using a peel-off face mask is to choose the appropriate one. Depending on the skin type, there are a variety of alternatives to pick from. A charcoal-based mask, for example, would be the greatest solution for oily skin because it removes excess oil and pollutants. It is preferable to use a mud face mask to achieve deep cleaning and protect the skin from harmful contaminants. Once you've decided on the best peel-off mask for you, it's time to get started on the application procedure.

One of the reasons for peel-off mask popularity is that they may be worn in every season. There is a peel-off mask for everyone all year, whether you want to moisturize your skin in the winter or control excess oil in the summer. Also many people currently prefer to use peel-off masks at home rather than visiting a dermatologist for face peeling, and that's how home peel-off masks have been trending nowadays. According to the article, "*10 Beauty Trends That Will Be Everywhere in 2021, According to the Experts*" It says that "After having little or no access to our go-to dermatologists and facialists, it comes as little surprise to learn that at-home treatments skyrocketed this past year—a trend that Sephora's Beauty Director, David Razzano, says isn't going anywhere in 2021. "This past year saw most of us stuck at home, without access to salons and spas, and combating things like 'maskne' breakouts," Razzano tells us. "As such, we saw a large number of people turn to products that allowed them to create a spa-like experience at home with the same professional-level results"(Montemurro, 2022). This quote is significant because it shows that since most people were stuck at home this year, unable to visit salons, spas, or dermatologists and dealing with outbreaks, a lot of people resort to items that let them replicate a spa-like experience at home. with professional-level results.

This product has been trending over the last couple years but consumers are not necessarily aware of the history. Peel-off face masks have been linked to skin wrinkling and redness. Pulling the skin out and down repeatedly when removing the mask can cause elasticity loss, which can lead to drooping skin. Irritation is also a problem, especially for those with sensitive skin. In terms of how long you should leave a peel-off mask on your skin, each one has its own guidelines. Wait until your peel-off mask has dried completely and feels firm and set. To avoid any potential consequences from trying to take off a wet or mush mask, it is critical to follow the skincare product manufacturer's waiting period guidelines.

## Bibliography

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In this article five of the industry's top specialists were asked to anticipate the biggest hair, cosmetics, and skincare trends for 2021. There will be a lot of 'jeck' masks, LED gadgets, and scalp creams, to name a few.

(Montemurro, 2022)\

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(Segal, 2021)