Personal Nursing Philosophy

Naftaly Henriquez Polanco

New York City College of Technology

Professional Nursing Practice

4130

Dr. Dato

September 20, 2016

Nursing Philosophy

My personal nursing philosophy is an ever evolving concept. I will only practice under the scope of practice that New York State law indicates for a Registered Nurse. I will work to earn of my clients trust in order to build a therapeutic relationship that is beneficial for the client, the members of the family and myself. I will uphold the Nightingale's pledge I took when I had my pinning ceremony. I'll uphold the code of ethics that the American Nurses Association has created as a guideline for all registered nurses. I will also abide by the Joint Commission guidelines that benchmark my practice. I promise to give my clients the care they deserve when perhaps the circumstances push me to perform under extreme stress such as disasters. I will promote their autonomy to enable them to make the choices that improve their health and to support them although I might not personally agree with those choices. To do no harm, to make sure I do well by my patients, to always be truthful, remain faithful to my patients and use my presence. I will become a valued active member of the interdisciplinary team. Communicating and raising my concerns when the wellbeing of my client is in danger. I will be a leader in health promotion in the community and will partner with stakeholders to ensure that all members are involved.

I will to stay committed to my profession for my lifetime. I pledge to adapt despite the always changing pace of nursing. For me nursing is a complementing triad of the sciences, art and psychology. I will demonstrate my commitment through keeping up with the latest evidence based practice and continuing my education. Allowing me to be in par with the most current standards of practice and scientific evidence. This empowers me to practice at the highest level of competency, always preserving the safety of my clients, peers and myself. I vow to keep up with the latest infection control measures and instituting them. I will use my hands as healing

instruments to provide care and comfort for those that have entrusted me to do so. Nursing to me is an act of love to those that need it the most through their worst moments. Nursing to me is not a profession is my calling and it came as a second nature.