

Philosophy of Nursing

Natalie Alfred

New York City College of Technology

NUR 4130 Professional Nursing Practice

Spring 2018

Philosophy of Nursing

The term nursing has different meanings to a variety of people. To be a nurse, is to be selfless. Nursing is a rewarding sacrifice of oneself. It is beautiful thing when a nurse is able to whole-heartedly care for a person who is unable to care for themselves. A nurse is to ensure optimal client care that considers the patient social, emotional, cultural, and physical needs. A nurse should provide holistic care to all their client's. Recognizing that not every client will heed to their medical advice, a nurse should provide care in a non-judgmental manner and do all things possible to ensure that their client receives the best possible care they deserve. Nurses are to be truthful beings ensuring that their clients are aware of their health status no matter how acute or critical it may be. Nurses are counsellors; they are to make themselves available to their client's when comfort and support is needed. As a result, the nurse can establish rapport and trust with those they come into contact with. Nurses are to be committed to continue to enhance their knowledge as new advances develop. The client's who seek medical attention look to nurses as a reference, it is the duty of the nurse to stay up to date with the evidence-based practices and technological advances. Love, compassion, commitment, consistency, are a few of the most important traits a nurse must possess when caring for the public. One trait cannot simply suffice the duties of this demanding profession. It takes the combination of all to be a nurse that is inspirational and strive to make a long-lasting impact of their client's lives improving their quality of health.