## Professional Development Critique #1

1. Who? What? Where? When? Why? andHow? Who presented this workshop? Where was it held? What was this workshop about? Why and devolve into details. And How was the workshop presented?

The workshop I attended was a seminar on FAO Schwarz Fellowship Info Session presented by 5 members of FAO Schwarz: Priscilla, Sophie, Kayle, Sarika and Jesse. The session was held on Thursday, July 20th,2023, from 1:00 PM- 1:45 PM in the zoom. This seminar explored the proposition of what social impact is and why it is important. Through this seminar, I was able to learn more about the power of social influence to shape culture, change social structures, and guide people toward common goals that promote social stability and progress. Through social influence, people learn to work together, accept diversity, and form consensus to build a more cohesive community with shared values. This will help me in my social (work) life to a certain extent in the future.

2. What were the significant insights that you gained for professional development? How will this assist you in your future career?

Through this seminar, I believe that my career development should start with networking with others because building good relationships is very important in career development. Networking and connections can provide opportunities, resources, support, and valuable advice and guidance. In addition, good relationships have a great impact on society. By building relationships, I can maintain my ability to observe and adapt to society and better

cope with the changes and challenges of my future career development. This will enable me to be more innovative and progressive in my future career, and not to stand still in one place.

3. How have City Tech and BUF courses prepared you for your career?

I am currently doing an internship in a trading company, a job that requires a good understanding of import/export and the basic operations of a manufacturer. The BUF course at City Tech firstly taught me about the operations of the apparel industry in BUF 1101, and I learned more about international trade in BUF 4300 - Global Sourcing and International Retail Trade. For example, how the trade of apparel has changed over the course of history. Also, international trade facilitates cultural exchanges between different countries, making it easier for people to understand and respect the customs, values and traditions of other countries.

4. What would be the two top "topics" that you would share with your colleagues in this internship class?

The first hot "topic" that I would like to share with my colleagues is the impact of society on future careers that can create new career opportunities and industry demands. As society changes and progresses, new industries or career fields may emerge, providing more choices for job seekers. The second "topic" is that career development requires continuous learning and education to enhance skills and knowledge, as the workplace environment and demands change frequently. Through learning, we can keep up with the trend, increase job opportunities and enhance our career value. These topics can help us better cope with the changes in society in our future career.