Philosophy of Nursing

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It is clear that nursing is a complex field for many people. It is generally presumed by many as an art of assisting people in their health needs. Nursing carries a great philosophy that has established nurses more than just assistances. In the world we live-in today, human beings are naturally complex with numerous needs such as a spiritual quest, psychological needs and social interaction. To create a precise philosophy of nursing, there is a need for us to think of the standard basis on which the nurses dedicate their hearts and everything else to work. It is evident that a nurse dedicates his or her heart to bring understanding and professional promotion in elevating the health status of every person. This does not only call the nurse to use the knowledge acquired in school and work place, but goes beyond to retain these ideals (Jarrin, 2007).

Back in the times of Florence Nightingale, the nursing arena continually reformed in terms of duties performed by the nurses. In the decades, the nurses had to follow precisely to only what the doctors required them to do. They were only committed to these orders and their daily duties of maintaining sanitation in the work places. It was unethical to challenge the orders given by doctors, even if it was not a right order. This field has since changed drastically, and the nurse is now expected to commit themselves actively in achieving effective decisions pertaining the patients. Nurses are currently undertaking even some vital roles of the doctors. It is wise to note that the nursing field now requires a wide spectrum of knowledge, as opposed to the past (Brencick, 2000).

The nurse nowadays has the responsibility of making a major decision conversely to just following the doctor's orders. These commitments and functions range from personal to public health basis. It is clear that he or she is an advisor as well as a consultant in key areas affecting health. By the end of his or her day, a nurse has an objective to meet through various tasks performed in the course of the day. They take care of the patients in every way and effort to ensure they respond to the normal health. Nursing is not a money making field but service delivery. Philosophy of nursing establishes the basis for the activities involved in nursing and our thinking of what is real and true of the professionalism. It enhances ethical values possessed as basic and foundation of beliefs (Jarrin, 2007).

Apart from the academic knowledge acquired by the nurses, there exist spiritual links between the patients and respective nurses. It is in this perspective that we clearly see that in the nursing field, there is a philosophy that contributes much than just assisting others. It includes the comfort the nurse gives to the patient in order to maintain his or her mind in peace. At a time, the best remedy for a patient is holding his or her hand to comfort. For this to happen, the nurses use all possible means and skills to enhance the comfort to assure the patient.

Effective and sufficient nursing practice, education strategies, as well as leadership, are found in the complexity of individual relationships. As critical thinkers, nurses progressively tests situations, establish problems, plans, evaluate and respectively implement care brought by individuals to achieve successful results of the goals set.

References

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