MARIA.C.PORTACIO@ G M A I L . C O M • (9 17) 794 - 6175

MARIA C. PORTACIO

Dedicated and dynamic Dental Hygienist with experience providing quality dental treatment. Exceptional patient skills focused on oral hygiene treatment and care as well as preventative management. Empathetic professional capable of reassuring and alleviating patient fears. Enthusiastic about dental health; enjoy educating patients on dental care and hygiene.

SKILLS

* Provide **prophylaxis treatment** to patients in a variety of situations, including teeth cleaning, gum massaging, oral hygiene education, and periodontal scaling.
* Perform **diagnostic and panoramic x-rays**, digital imaging, interpreting dental radiographs.
* Administer local anesthetic agents and nitrous oxide
* Prevention of blood-borne diseases in compliance with the Center for Disease Control (CDC) and the **American Dental Association (ADA)** recommendations.
* Thoroughly review health history, noting contraindications and other health concerns as needed.
* Intra/extraoral exam, periodontal evaluation, and treatment development.
* Gentle instrumentation and optimal removal of plaque, tartar, and bacteria above and below the gum line.
* Utilize cavitron, and hand scale periodontal patients with type I to Type III.
* Whitening procedures, fabrication of whitening trays.
* Provide and adequately apply cavity prevention agents such as fluoride and sealants.
* Instruct proper home care techniques, specifically crafted for each patient.
* Problem solving, adaptability, collaboration, strong work ethic, time management, critical thinking, handling pressure, verbal, and written communication.
* Suture removal.
* Bilingual – speak/read/write English and Spanish fluently.

CERTIFICATIONS

* New York State Nitrous Oxide Analgesia Certification
* New York State Dental Hygiene Restricted Local Infiltration Anesthesia
* CPR Certified
* Child Abuse Mandatory reporter

EDUCATION

2019-2022 New York City College of Technology Brooklyn, NY

* Associate Degree in Dental Hygiene Program
* Registered Dental Hygienist- State license and radiology certification
* CPR certified at eh Health Care Provider Level
* Dental Hygienist Licensure (July 2022)

WORK EXPERIENCE

2017-2019 Nanny Queens, NY

* Care for a 6-year-old girl and a 5-year-old boy during parents’ evening absences.
* Provided tutoring in Math and English, assisting with homework that resulted in improvement in grades.
* Handled transportation pick up and drop off from school.
* Created innovative and educational games using arts and crafts, children’s books, and light storytelling.
* Management and maintenance of household duties and daily tasks.
* Monitored and assisted in the completion of school-related tasks.
* Prepared lunch and snacks.