

Miriam Martinez-Lima

### FINAL

Throughout my life I have grown up in my own world. Society sees me in a certain way. As you can see on my transformed t-shirt to describe myself in a way, I would think it is an accurate presentation of myself.

For example, I decided to make my shirt adjustable. I can adjust the sides of the shirt to make it shorter and longer. Many times, I am not comfortable with my own body image. There are many times in which I feel confident in my own skin and body. And there's other times in which I just want to cover up and hide because of how I'm feeling. Therefore, I decided to make the length of the shirt adjustable.

On my shirt you can see that I included wings with blue gems. The gems represent me being filled with bright happiness. Just like a butterfly carries around their wings everywhere they go I too carry my happiness everywhere I go. I included these wings on my shirt because I felt as if these wings represent me being free. Throughout high school I have felt as if I have been constricted to the things in which I did. Since I wasn't old enough to do the things that I wanted to. These wings have represented me *growing* as a person, because originally, I have been seen as a quiet shy girl. As you can see on the shirt there's a little character on the left side of the shirt. Growing up I would play all sorts of Mario games. For example, Mario kart, Super Mario 64 and many more and I remember this one specific character whose name was a shy guy. I find this character relatable, since I too am shy, and I consider myself somewhat of a shy gal.

The butterflies and wings displayed throughout my shirt display me being free and it also describes *freedom*. I come from immigrant parents in which it was not easy for them to migrate to a new country and start off fresh. I relate to butterflies since it represents transformation. *Transformation* from my younger self learning to love myself, to me growing and learning new things along the way transforming myself to the most beautiful version of myself. I included the word *First generation* since I would be the first person to graduate in 2023. Growing up my mother always told me to study and always do my best in school in order to expect a high reward. Therefore, I included the word *studious* on my shirt. I truly do consider myself a studious person since I am constantly doing my best in school.

When it comes to meeting new people, I tend to keep myself to be *Open minded*. Many times, we are so quick to make assumptions and dismiss those in which we have different opinions than ours. In which I always keep an open mind and listen to those who do. I always learn something new and get to see a viewpoint in which I may have never thought of. I will always be *Supportive* when it comes to my family and friends. I am especially supportive when it comes to my sister. She is *supportive* in everything I do, and I am *supportive* in everything she does. I encourage her to do well in school and also support her in all her track games. Supporting one another just shows that they are not alone in accomplishing their goals and dreams and they too would reciprocate the same energy.

I always have to constantly remind myself that I am *Capable*. When something doesn't go my way, I feel as if I should give up. Therefore, I give myself reasons to tell myself I am fully *capable* and it's all a mental game.



