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Hw #1

<u>Activity;</u>

Through my garments I chose to wear a tight shirt and it was very uncomfortable. But through the ten minutes it started to adjust on my body. It was very hard to do a lot of things like breathing for sure but once I started to move around with it, it started to feel a little more comfortable within the couple minutes. Once I switch to a loose shirt there was a big difference. I could feel my blood running once again. My body was more free to do a lot more things. Honestly when comparing the two garments I can do a lot of things in both garments like walking, sitting and running. The one big difference is the pace of my movements. In the tight shirt I can definitely run but at a slower pace then I would in my loose shirt. The garments effects the limits of my movements because the way it fits on my body is the way my body will respond. If I have a tight shirt on, reaching will be something hard for me to do versus having a loose shirt where I can actually stretch.

Writing;

The artwork I chose from the Met exhibition is the "Women in the Garden" by Claude Monet. My translation from this artwork in my opinion it look like these ladies are enjoying the weather outside. Now looking at the clothing you can see these ladies bottom half is bigger than the front of the body. This tells me they have a crinoline skirt on. When it comes to the top half of it looks like they all have on long sleeves. To create the tight look it looks like they may have on aertex corset which pulls everything together. Since the weather looks like its warm from the umbrella this corset seems perfect for this weather according to the article the "First manufactured by the Aertex company in 1888, the fabric helped keep the skin cool in summer and warm in winter."(Museum, 2013) Overall the garments have trimmings and patterns on it such as stripes and polka dots.



Figure 1: Claude Monet (French, 1840–1926) *Women in the Garden*, 1866 Musée d'Orsay, Paris https://www.metmuseum.org/exhibitions/listings/2013/impressionism-fashion-modernity/images

According to the ladies in this picture they all look very comfortable. Especially the lady on the floor she looks so casual in her crinoline skirt just holding flowers and a umbrella. Then the lady in the back looks like she is picking some flowers whereas the other two looks like they are having a conversation. Their garments in my opinion looks like it does not affect their movements. The corsets on the other hand created a big impact on the posture of all the ladies. It has them all standing the same way. Their garments look like it became their lifestyle because it shows how they can wear so many things and still be able to do activities. After doing that little activity wearing a tight shirt was out of my lifestyle. I think if I made it into my lifestyle I can be able to normalize it and it will not affect me like the ladies in this picture.

Citation:

Museum, A. (2013, September 06). From Over-Structured Opulence to the 'Healthy Corset': 1880-1900. Retrieved from <u>http://www.vam.ac.uk</u>