Supragingival and Subgingival Calculus

By: Minna Harbater

Calculus



* Calculus- commonly known as tartar is a buildup of dental biofilm that mineralized from saliva and gingival cervical fluid on teeth

Supragingival and Subgingival

Supragingival-coronal to the free gingival margin
-Can be seen clinically as white or yellow



Subgingival-apical to the free gingival margin



Calculus composition



- Calculus is made up of organic and inorganic components
- * Organic components: amorphous calcium phosphate, dicalcium phosphate dihydrate, octacalcium phosphate, whitlockite and hydroxyapatite.
- * Inorganic components: proteins, carbohydrates and a minor lipid fraction

Calculus formation

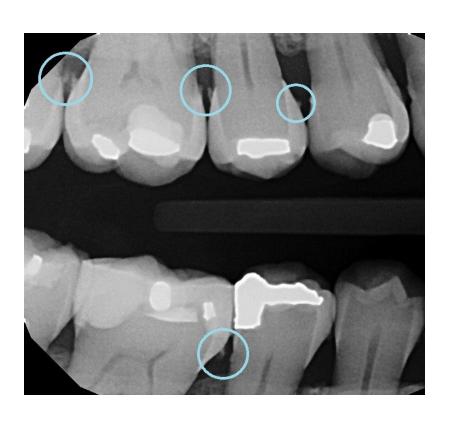
- * Calculus forms from the depositing of minerals into a biofilm matrix.

 Devolops in three stages:

 1. pellicle formations
- * 2. biofilm formation
- * 3. mineralization



Radiograph Calculus Detection



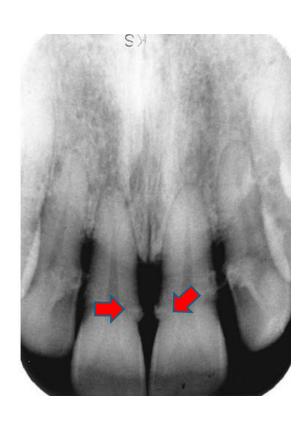
- Dental radiographs can help with locating subgingival calculus
- Calculus is radiopaque on radiographs
- * Explorers are also used clinically to help detect calculus subgingivally

Subgingival calculus on mandibular anteriors

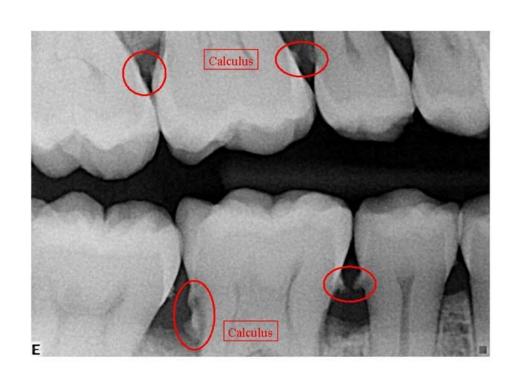


* This is the most common site for calculus since the submandibular gland is located right next to it

Subgingival calculus on maxillary anteriors



Subgingival calculus on maxillary and mandibular molars





Brushing twice daily and flossing daily prevents the formation of calculus on your teeth

Once calculus forms, a person cannot remove it with regular brushing and flossing, and the only way to get it removed is by a dental hygienist with proper scaling.

Refrences:

- * M. Wilkins, Esther (2017) Clinical practice of the dental hygienist. Philadelphia: Wolters Kluwer.
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- * "How Subgingival Calculus Forms And How To Prevent It". *Colgate.Com*, 2020, https://www.colgate.com/en-us/oral-health/conditions/plaque-and-tartar/how-subgingival-calculus-forms-and-how-to-prevent-it.