It was a privilege to start the Bachelors of Science in Nursing (BSN) right after graduating from an Associate of Applied Science (AAS) in Nursing. In the first semester, I registered for Nutrition, Industrial Organizational Psychology, and Physical Assessment. The Physical Assessment course is based on nursing principles and it is focused on sharpening nursing students’ clinical skills. The students are assigned to complete an in-depth physical assessment of an adult and child. It includes interviewing individuals and obtaining information pertaining to their health. The course gave me a lot of insight and the opportunity to improve my clinical and interviewing skills.

In the second semester, I took Community Health and Nursing Research which expanded my knowledge to work well with a diverse group of people. In the Community Health course, I was assigned to a clinical site to provide health teaching to a particular community in Brooklyn. Every encounter with the clients was an opportunity to teach and increase awareness about modifiable risk factors that influenced health. Nursing Research is an important aspect of the nursing profession because it addresses issues of clinical research that are meaningful to practicing nurses. This course made me recognize the importance of keeping up to date with the trends of nursing.

In the summer 2016, I registered for the HIV course to learn about the stages of the HIV infection. It was interesting to learn the different stages of HIV and how it infects the host. This course motivated me to increase awareness about HIV modes of transmission, medication adherence, and to reduce risky sexual behaviors.

I am currently registered in Professional Nursing Practice and Nursing Leadership. In Professional Nursing Practice, I have learned about current nursing issues, advance nursing careers, and to be an assertive nurse. In Nursing Leadership, I was exposed to a wide range of nursing topics such as, nursing leadership styles, management skills, and to be culturally competent. I will graduate in Spring 2017 and I plan to continue to excel in my career path.