Me, Myself, and I

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Before customizing my white shirt, I sketched and jotted down my ideas. After I was satisfied with my ideas, I bought all of my materials from the Michaels store. The materials I bought are a white medium-sized shirt that is made of 100% cotton and consists of a crew neckline and short sleeves. I bought a small tie-dye kit that consisted of the color teal, purple, and pink. Lastly, I bought fabric markers to write on the shirt. I wanted my shirt to show people who I am and how I perceive myself on a daily basis. I want a tie-dye spiral effect, so I put the fork on the center of my shirt and twirl the shirt. After the shirt was completely twirled, I wrapped the shirt with three rubber bands to keep the spiral shirt in place. I made sure to separate the rubber bands to create three sections into slices of six pies and this allowed me to add thinner wedges of color to create a different color scheme. Before dyeing my shirt, I attached plastic wrap to the table so that the dye does not splash on the table and leaves residue. I squeezed the dye colors onto the front and the back of the shirt. Once the shirt was drenched with the tie-dye colors, I wrapped the shirt with plastic wrap and let the dye marinate the shirt for six to eight hours. After eight hours had passed, I rinsed out the excess dye with cold running water until the water ran clear and then I washed the shirt separately. After the shirt was completely dry, I then used tailor chalk and stretched on the shirt where I wanted to place the words. I inserted cardboard into the shirt so that when I use the fabric marker the ink does not seep into the other side of the shirt. I used a stencil to write out the words.

Throughout 21 years of living on the earth, born and raised by my immigrant Vietnamese parents in Brooklyn, New York, I have been trying to figure out who I am as a person and how I perceive myself in society. For most of my life, I have been trying to fit in and try to be like others so that I was not the odd ones out. This caused me to lose track of who I am as an individual. As I grew older and got experiences from school, friendships, and relationships, and survived the pandemic, with these experiences I think I know who I am as an individual. People's perceptions of me can be different than how I see myself in society. The reason why I chose the tie-dye kit that consisted of the colors purple, teal, and pink is that purple is a color that stands for strength, change, power, and royalty. My younger self would think that I am weak and would not know my future self would be in this position here on earth today. Vassar transitions. (n.d.). The color teal describes a person who is reserved, objective, sincere, and commanding and I would agree that I am a reserved person because I like to keep my emotions and opinions to myself and I do not like to be in the center of attention. I am somewhat commanding towards my siblings growing up even though I am the middle child. The color pink is regarded to be relaxing and connected with femininity, love, and kindness. Cherry, K. (2022, November 14) I do believe I am kind but the disadvantage of being kind is letting people take advantage of me and giving all my energy to that person or people. I need to learn to set up boundaries. I am an introverted person, I like fewer, but more intense and meaningful social encounters, and I gravitate toward quieter settings. Most of the time, I am observant. With a strong concentration on what is occurring or is very likely to occur, I am realistic, sensible, and somewhat down to earth. I tend to be turbulent and being turbulent I feel self-conscious, sensitive to stress, driven by achievement, and want to do better. I am an indecisive person and I take a long time to choose because I want to be 100% sure and I do not want to regret what I chose. I tend to be doubtful on how I do on my exams, projects, and the directions I choose in life. We are all unique and are on our own journey.



Citations and References

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