

# The Dental Hygienist Can...

- Evaluate the gums, inflammation, pockets, bleeding, and take radiographs (x-rays) for cavities.
- Provide a thorough head and neck examination to look for oral cancer and other problems such as a periodontal (gum disease).
- Providing a therapy of scaling to clean root surfaces of teeth to remove tartar and bacteria to create healthy gums.
- The Dental Hygienist specializes in educating their patients on proper oral hygiene instruction.



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- Pic 1: <https://www.emaze.com/@ALZRQWQT/Gum-Disease>
- Pic 2: <http://www.talkhealthpartnership.com/blog/tag/healthy-teeth/>
- Pic 3: <https://www.dreamstime.com/stock-illustration-vector-image-tooth-periodontitis-disease-carries-surface-carries-deep-carries-pulpitis-image69393579>
- Pic 4: <http://ricottadental.com/new-patients/>
- Pic 5: <http://www.centreforhealingarts.com/corrective>

# PROBIOTICS WORK IN DENTISTRY



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## Periodontal Disease

- Periodontal disease is inflammation around the gums caused by plaque
- 70% of adults are effected by periodontal disease



## Do you have Periodontal Disease?

- Red, swollen gums?
- Persistent bad breath or bad taste?
- Bleeding gums?

## Probiotics and the Oral Cavity

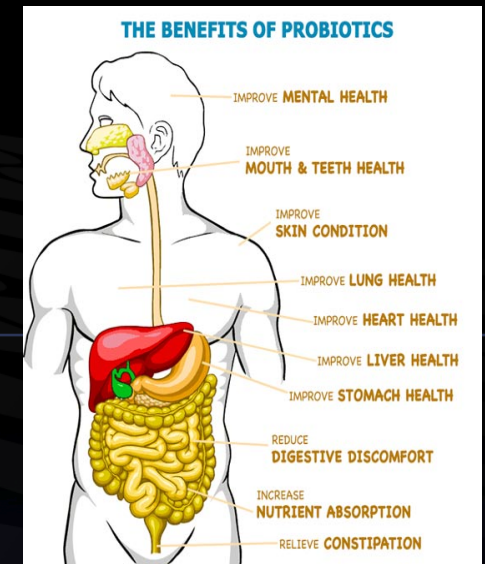
- Fight against periodontitis (gum disease)
- Can help maintain a healthy tongue
- Supports healthy gums
- Prevents halitosis (bad breath)

## Usage and Dose

- Swallowed, chewed, sprinkled onto food or mixed with liquid
- Can be used daily
- Can help with skin conditions (eczema), urinary health, allergies and supports wellness
- Found in yogurt, dark chocolate, and taken as a supplement

## What is Probiotics?

- Probiotics are live bacteria and yeast that are good for your health



## How Does It Work?

- When you lose good bacteria, probiotics can help replenish them