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English Comp I - Fall '22

Prof. Blain

what  
it  
really  
means  
to



|| Go **V**egan ||

**: a short thread**

swipe for more →



*Sooo*

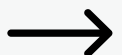
**here's what think we know about vegans ...**

**"Vegans are not much  
different than vegetarians;  
some would even say they're *"extreme vegetarians."***

**"They don't eat meat,  
or "anything that walks, runs, swims, flies or crawls."**

**"Vegans only care about  
animal rights",  
and maintaining a healthy lifestyle.**

**Being vegan is difficult,  
there are barely enough vegan options available.**



“

Veganism is a philosophy and way of living which seeks to exclude— as far as is possible and practicable— all forms of exploitation of, and cruelty to, animals for food, clothing or any other purpose; ...it denotes the practice of dispensing with all products derived wholly or partly from animals.

”

*-The Vegan Society*





*and*

## **here's what we need to know about vegans ...**

### **Veganism is a global movement !**

It is apart of the many causes that help to combat the social, economic, political ills that we are all up against.

### **Being vegan is more just about diet.**

"Consumption is a large part of the vegan lifestyle, from food to clothing to hygiene " and ethics are heavily apart of being vegan.

### **You can support being vegan in more ways than one.**

Veganism is practice, but you don't have to be a vegan to believe in their way of life.





it's  
about  
our  
environment  
too.

In the midst of **climate change**, there is so much veganism can do and has been able to contribute to the cause. Caring about the world around us is apart of being vegan.



# WHAT THE HEALTH



“

Raising animals for food produces more greenhouse gasses than the entire transportation sector. It is the leading cause of rainforest destruction, species extinction, ocean dead zones, and fresh water consumption.”

”

-Netflix's "What the Health"





# **We can all be vegans!** *here's how...*



## **Go Green!**

Recycle often, conserve utilities, and purchase products that are environment friendly.

## **Stay conscious.**

We have to understand and stay alert about the world we live in.



## **Take Action!**

Stand up, protest, boycott/buycott companies and/or organizations that promote unhealthy & unethical practices.





## Explore.

Google and locate local establishments such as restaurants, boutiques, and other initiatives that support veganism.



## Spread the word !

We have to be willing to inform each other and get the message out there.



## Educate !

Let's teach ourselves and those around us about veganism in its various forms.



***like, comment, share & save !***