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Course: Community Health Nursing 4010

Section: HD-13

Spring 2015

My clinical site was located at Williamsburg Community Health Center 279 Graham Ave, Brooklyn, and NY 11211. My rotation in the clinical site helped me understand what community health center consist of, and its importance to provide effective quality of care for the community. The importance of teaching in this community center, made me realize how important patient teaching is, in order to provide preventive care . I was able to see the different disciplines available for the community, and how each discipline works together to provide good quality of care for the clients. I have learned in this clinical rotation the importance of how community health centers are an important component in health care to prevent and treat disease prevalent within the community. I have gained knowledge of how to be culturally sensitive in these health centers were the diversity of culture is evident. Being able to provide useful information about Diabetes for the community, has helped me gain knowledge and taught me how important is to be informed with latest research, in order to provide effective teaching for the patients.

Objective 1: Demonstrates individual professionalism through personal behaviors and appearance.

In my clinical site I would arrive 15 minutes prior the center opening. The parking was difficult around the center, therefore I would allow myself to leave earlier from home to make it on time. Being punctual is a characteristic that as students or professionals we must be responsible for. Every Wednesday morning I would be prepare in my site with a notebook and pen to write down information given in staff meetings, in order to understand the guidelines in the community center. I would always be willing to help the nurse manager or the PCAs during my clinical site. I would always ask the nurse manager were she would like to assign me for the rotation. The staff meeting were very informative and helpful in understanding the important roles each team member places in the center. Being part of the meeting taught me the role of a nurse manager and the other disciplines duties to provide patient satisfaction. I would Attend my clinical rotation wearing appropriate business casual attire and well groomed, in order to portrait professionalism. Maintaining client confidentiality is an important component in the HIPPA law for health care facilities. Therefore patient information was never disclosed with others, in order to avoid a violation of the HIPPA law.

Objective 2: Employ analytical reasoning and critical thinking skills when providing care to individuals and families in the community setting.

When I reviewed patient medical records or conducted an assessment, I was able to imply my nurse knowledge in regards to patient teaching, and analyzing objective and subjective data about the patient. The community in the clinic was mainly Hispanic. I was able to be culturally sensitive and learn that every individual has different beliefs than my own. Being able to comprehend each patients needs in regards to religion or culture, has taught me to see patients in a holistic way. Depending on the disciplin I was assign to in the center, I was able to identify each clients needs individually. When assigned to a client I was able to perform vitals, and identify their main concerns when conducting the assessment. Prioritizing pain was the main vital sign complain the staff would address immediately in the center. I was able to conduct a pain assessment with the patients that would follow up with chronic pain or walk ins. I wasn’t given the opportunity to give medication to the patients. Since the center isn't an acute care,there wasn't much medication given except vaccines in the pediatrics floor. I was able to evaluate clients outcomes , with patients that were there for follow ups of chronic illnesses. I was able to avoid dangerous situation that would put my personal safety at risk. I was able to modify client outcomes when progress from previous appointment wasn't meet with assistance of an RN.

Objective 3: Effectively communicate with diverse groups and disciplined using a variety of strategies regarding health needs of individuals and families in the community setting.

In my clinical site I was able to communicate with the patients in a professional manner. I used therapeutic communication techniques to minimize intimidation in the patients. Communication among the staff in the clinical site and my peer was effective at all times. I was able to communicate with the clients with simple terminology. I avoided to used too many medical terminology that may cause confusion for the client. I was able to report vital signs and pain assessment information to the RN and the nursing manager, about the patients I was assigned too. When conducting the service learning project to the staff, my group used comprehensive terminology , in order to minimize confusion.

Objective 4: Establish environment conducive to learning and use a plan for learners based on evidence based practice.

Our service learning project on diabetes was based on updated information of diet and exercise for patient living with diabetes. Evidence based practice information was incorporated in teaching the staff about the importance of treating diabetes and it co morbidities. The staff was allowed to participate during our teaching project. To re evaluate the effectiveness of our teaching we asked question regarding the information given during the presentation. Providing healthy foods for the staff enforced the importance of following a healthy lifestyle.

Objective 5: Utilize informational technology when managing individual and families in the community.

I wasn't able to log in the software the staff used to document patient information. Although I was able to understand the system with help of one of the RNs. Patient confidentiality was always maintain strictly and only discussed with the staff caring for that specific patient in that specific moment. Names or medical record information wasn't disclosed with no one else that wasn't part of the patients care.

Objective 6: Demonstrate a commitment to professional development.

In my service learning project conducting for the community in my clinical site, I was able to learn about current literature. Being able to learn new literature regarding the topic chosen, had a great impact on how learning in our field is continuous. Enhancing our knowledge as health care providers, will make our teaching effective for our clients. Being able to recognize that there's always much more to learn, helped me to enhance my weakness and maintain my strengths.

Objective 7: Incorporate professional nursing standards and accountability into practice.

At all times in my clinical site I was aware to just imply what is in my scope of practice as an RN. I informed the nurse manager my duties as a nurse student and my limitations in the site. I was accountable for my care in the clinical site. Always informed the nurse manager before providing any information to the patients. I learned the mission of a community health care center and its importance in patient satisfaction.

Objective 8: Collaborates with clients, significant support persons and members of the health care team

My collaboration with the team in the clinical site was effective at all times. I was always willing to help the PCAs , nurses and any other persons in the team. I was able to translate for the nurses with Spanish speaking patients in order to effectively address their needs. In the service learning project I was able to provide staff and patients with useful information regarding diabetes, and the importance of lifestyle modifications. The audience was given resources were they can access more information about the disease.

Objective 9: Recognize the impact of economic, political, social and demographic forces that affect the delivery of health care services.

In my research for my service learning project , I was able to learn more about the community around that area of Brooklyn. I learned how disparities affects the health provided to the minorities in the community. Many of these patients come from low income homes and have families to provide. In order to provide better care for the community , as nurses we need to teach our clients the importance of preventive care, and its benefits. Providing the community with other resources for their needs may help them to be conscious about their health status. I belief more community health centers are needed in communities that have a hard time in accessing to health care facilities. As a patients advocate we need to imply preventive care to minimize the rate of chronic illnesses in a future.