

Lizeth Pilamunga
Dr. Adomaitis
BUF 4900 Internship

Professional Development Critique #1

PAVE YOUR WAY
CAREER PLANNING 101

1. What, where, when and how was this professional development seminar about? 5-6 sentences

Pave Your Way Career Planning 101 was conducted entirely online at the New York City College of Technology

The seminar was held on March 7, 2023, at 3:30 p.m. and lasted approximately one hour and thirty minutes.

The seminar covered a variety of careers related to preferred industries and sectors. This was done in order to prepare us to develop our skills within the context of our career, and particular field of study. Additionally, they provided some tips on how it is important for freshmen to register with the Professional Development Center so that when we reach our senior year, we will have the foundation to begin our professional careers. In Handshake, we can find some tools that allow us to develop our profile and obtain a more professional profile.

2. What did you learn by attending this seminar in detail? 5-6 sentences

I learned that it is very important to know how to express ourselves safely in the degree program. We are members of a group of students who do not have a thorough understanding of the program. Knowing what we are passionate about in our profession and what attracts our attention is one of the most important things to do in your career. As a result, I learned that we must have an understanding of industries and certain businesses in order to really know what they are, and what the job is like, and ask ourselves questions such as how can we find out what salaries are like? How much should I really be earning?

3. How did this professional development seminar enhance your career moving forward? (5-6 sentences)

I was able to gain a better understanding of certain aspects of my career that I must change in order to succeed in the workplace in the future. In order to have more opportunities, I must work harder to improve my profile. It is very important to take advantage of all the opportunities that the college offers in order to get on a path that will lead me to success. It is

essential that I have a plan for my professional career so that I can self-evaluate myself, this is something that is offered to me by my college, and I must take advantage of it in order to succeed when I graduate. My studies provide me with the opportunity to develop critical thinking skills through academic projects. I would like to know how to organize myself and share information about my academic projects so that it is what I really wish to accomplish.

**4. What would you tell other students about this seminar and why should they attend?
(5-6 Sentences)**

I would suggest they attend these seminars provided by professional development. It is very important that they attend from the start of their first year so they do not feel so lost in their last year. "Don't wait until your last semester to ask for help", said Mr. Milington from the Professional Development Center. Start early to ensure that you have the right pace and knowledge when you graduate. Learning how to do your resume and develop your pitch/elevator pitch is essential, as well as staying in touch with Professional Development from the beginning. It is the best investment they can make because they will learn to function and feel comfortable at interviews. Several things will be taught to them that will be useful at work.

Once again welcome to Korea q and AIDS will start early I will talk about I would say tomorrow who else is having the house

Professional welcome

communication Feel free to unmute yourself use your hands on raise your hand or chat pictures not to ask any questions or social virtually once again Once again

Have questions you can Healthy feel free to share goes no questions so let me start

That you can start working on now Help me feel free to share those no questions and silly we here to provide it to 40 joint but let me start off

What are the most important thing for us as student As a student by what would you think is the most important right now once you guys be doing

okay aspect of planning our carre taht we can start to do it now Google right now what is and talk fresh talk more freshmen okay yeah my

1. What, where, when and how was this professional development seminar about? 5-6 sentences

During the session, attendees ask questions about various topics related to career development, such as: Career paths and opportunities in a particular industry or field, Strategies for job searching and networking, Tips for building a successful career, including skill development, professional certifications, and continuing education, Balancing work and life responsibilities, Overcoming common career challenges and obstacles and Identifying and pursuing career goals and aspirations

2. What did you learn by attending this seminar in detail? 5-6 sentences

3. How did this professional development seminar enhance your career moving forward? (5-6 sentences)

4. What would you tell other students about this seminar and why should they attend? (5-6 Sentences)