# Learning Places Fall 2019 **SITE REPORT #3** Mental Health Accessibility For Cuny Students



"Passing through your problems"

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## SITE OBSERVATIONS

# 1. What are some general observations about the character of this place? What does it remind you of? How does it make you feel?

The site is generous in terms of space and it feels like a place that is passive and not a space where people are situated or positioned. This space is meant specifically for people circulation mainly because the stairs and the elevator are really close to each other which means that people need to pass through that corridor in order to get to their destination. Another reason why this place is very fast paste is because of the lack of chairs in the area which is intentionally done so people won't stay talking or hanging for too long. This place reminds me off an office space lobby mainly because people are always on the move trying to get to their next destination.

# 2. How does this place and its architecture relate to your performance? Think about the social meaning of the space (eg. civic, recreational, retail, etc).

This space interlocks with our performance in every way because it's a great place to target city tech students due to people coming in and out of the cafeteria we also have an elevator and stair perpendicular to where we will be situated. The meaning of the space is to get around so it's perfect because our performance is to create awareness in a fast way and just capture a reaction from the students.

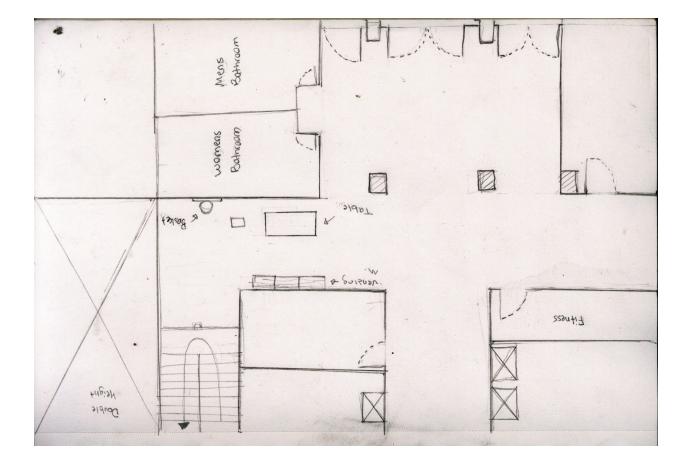
# 3. Discuss the program of this space. How are people meant to interact with one another and with the environment?

The program is mainly meant for circulation meaning that people are just supposed to come in and out and not staying in this area for too long the pace doesn't have any environmental connection because the performance space is inside. There is an atrium space which is double height going through the first and second floor which is an opportunity for people to get natural light.

# 4. Describe some of the activities that people are currently engaged in. How might they interact with or respond to your performance when it is staged?

In the city tech first floor there are different types of people, but there aren't many activities going on. For example some of the activities are eating, working out, and walking to class. The people eating are directly in the cafeteria which is pretty loud they also have gamers in the cafeteria. The Gym is across from our location and there are people engaging in physical activities. I see people interacting with us in a great way because we'll have to capture people's attention by moving around, talking, and playing with our props. The message that we'll put will also be a way to capture the students attention.

5. Draw a ground plan of your space with the performance site and audience clearly defined in your drawing.



QUESTIONS for FURTHER RESEARCH. These should follow directly from your analysis section

and be complex and specific enough to serve as the basis of a research project.

### 1. Question

Why is mental health awareness important to our city and our communities?

## 2. Question

How can we be more supportive and understanding with people who have this condition?

## 3. Question

What type of mental health issues are commonly faced by students?

## FURTHER RESEARCH

## **Revised Research Question:**

In what ways can we advocate for mental health issues in our neighborhood communities and educational facilities?

## **CITATION 1:**

" Advocacy for mental health". Geneva, World Health Organization (Mental Health Policy and Service Guidance Package) 2003,

https://www.who.int/mental\_health/policy/services/1\_advocacy\_WEB\_07.pdf.

#### Why did you select this source? How does it address all or part of your research question?

I chose this source because the booklet gives a lot of information when answering questions about mental health question. The topic of each module represents a core aspect of mental health. The

starting point is the module entitled The Mental Health Context, which outlines the global context of mental health and summarizes the content of all the modules. This module should give readers an understanding of the global context of mental health, and should enable them to select specific modules that will be useful to them in their own situations. This article answers general questions about mental health issues that people usually ask.

## Is the source credible? Why or why not?

This source is credible because its made by The World Health Organization sets standards for disease control, health care, and advocates for health in every aspect all over the world. Their primary role is to direct and coordinate international health within the United Nations system.

## **CITATION 2:**

Sunovion Pharmaceuticals Inc. "Be Vocal Speak Up for Mental Health."2019, http://www.bevocalspeakup.com/be-vocal-for-your-community-mental-health.html

## Why did you select this source? How does it address all or part of your research question?

I selected this source because it shows people the symptoms of a person going through some type of mental health issue and at the same time they provide you with the right steps to make to create awareness and how to advocate from your own community.

#### Is the source credible? Why or why not?

This is a great source mainly because it partners up with many other agencies like Mental Health America and the National Alliance on Mental Illness which are great organizations which look at different treatments for Mental Health.

# What further information would you need to answer your question? Where would you look for additional sources?

Some of the information I would need would be what resources are available in New York City for this issue. I would use the New York office of Mental Health which has a large, multi-faceted mental health system that serves more than 700,000 individuals each year. The Office of Mental Health operates psychiatric centers across the State. OMH also regulates, certifies and oversees more than 4,500 programs, operated by local governments and nonprofit agencies. These programs include various inpatient and outpatient programs, emergency, community support, residential and family care

programs.