

VISIT TO A DRUGSTORE

This assignment is designed to let you experience the importance of the issues we are studying in our Pharmacology course and the application of the knowledge you acquire during our course to the concerns outside of school, and to help you in analyzing and solving matters essential to the community.

As dental professionals, it is very important for us to be able to answer our patients' questions related to the dental procedures, commonly prescribed and over the counter medications as well as vitamins, herbal and nutritional supplements.

Your assignment is to:

- a. Visit any drugstore or supermarket's pharmacy section.
- b. In the Vitamins/Herbal/Nutritional supplements section, identify one supplement and check the variety of brand names, dosages, combinations that are available. Take a picture of this aisle section (you will later upload the picture into your post on OpenLab)
- c. Research the supplement you selected: find it in your Drug Information Handbook. What is it used for? Is it approved by the FDA? Are there any adverse effects and drug interactions (especially oral/dental implications)?
- d. Write a short report including your picture, links to websites/articles you used in your research (*please remember to use trustworthy sites such as FDA, CDC, ADA, ADHA, and peer-reviewed publications in academic journals – use www.pubmed.gov to find resources*) **A minimum of 2 references is required**
- e. Post your report and you're done!

Additional resources:

Evidence-based health information: <http://www.cochrane.org/cochrane-reviews>

Evidence-based dentistry <http://www.nature.com/ebd/index.html>

Articles found through www.pubmed.gov

Peer-reviewed professional dental and dental hygiene publications (NOTE: RDH Magazine, Dimensions of Dental Hygiene and Access are not peer-reviewed journals)

You can work on this assignment individually or in groups (2-3 students). If you choose to form a group please send me your names in each group and don't forget to include all names in the post.