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Journal 1/Essay 1
English 1121 (Prof. Kwong)
September 7, 2016

Format Example for Journals and Essays

Notice that this format example is in Times New Roman, and it uses a 12-point font and black ink. The heading is single-spaced, and the title is centered but not italicized, underlined, or bold. The body of the journal (or essay) is double-spaced. The pages are numbered, and each paragraph is indented by one tab; paragraphs are not separated by an extra return. The margins are all preset to one inch. This format is what I call modified MLA format (MLA: Modern Language Association). Please use this format for journals and essays. Simply highlight and replace with your own writing. If you have any formatting or word processing questions, don't hesitate to ask.

The following is from the Declaration of Independence, just so I could get to the right word count for the average journal: "when in the Course of human events it becomes necessary for one people to dissolve the political bands which have connected them with another and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation. We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness."

(259 words)