**KATHLEEN VARGAS, RN, CLC**

**PROFESSIONAL SUMMARY**

* Newly graduated Licensed Registered Nurse with a highly effective communication and teaching skills.
* I have a strong belief in the patient –centered care, team work and service excellence.
* Demonstrates the ability to remain calm and multi task.
* I am professional, reliable and accountable

**LICENSURE** STATE OF NEW YORK, REGISTERED PROFESSIONAL NURSE # 740511

**SUMMARY OF QUALIFICATIONS**

* Value team member responsible for assisting with Baby-Friendly re-designation.
* Provide breastfeeding education to patients and staff as well as breastfeeding data collection and reporting
* Skilled at communicating clearly with members of the interdisciplinary team
* Punctual, empathetic and good listener.
* Organized and precise with strong attention to details
* Languages: English and Spanish
* Patient and Family Member Education
* Patient support
* Efficient and reliable team player
* “Caught in the Act” Award for contribution on preparation for Baby-Friendly re-designation

**EDUCATION**

**New York City College of Technology** Expected Graduation Fall 2019

*Bachelor of Science in Nursing*

**New York City College of Technology** May 2017

*Associates of Applied Science Degree in Nursing*

**CERTIFICATIONS**

BLS Exp. Jul 2021

CLC Exp. Jun 2020

NRP Exp. Feb 2020

**WORK HISTORY**

**NYC Health + Hospitals-Harlem,** Manhattan, NY Oct 2017 - Present

RN/Breastfeeding Facilitator

* Promotes a positive and pleasant attitude conductive to the work place which enhances the Vision and values Statement of the Network.
* Performs nursing skills and intervention efficiently, safely, consistently and cost-effectively.
* Observes symptoms or changes in the patient, identifies emergency situations promptly, initiates action and summons assistance of other personnel.
* Performs ongoing data collection for postpartum patients.
* Demonstrates effective interpersonal communication with patients, families, co-workers, other disciples and departments.
* Explains, involves and instruct/families concerning the therapeutic regimen and the environment of care.

**NYC Health + Hospitals-Harlem,** Manhattan, NY Jan 2017- Sep 2017

*LPN/Breastfeeding Facilitator*

* Provided comprehensive care to high and low risk Ante Partum, Post-Partum women and their newborns, by use of the nursing process, plan care based on the patient’s response.
* Assisted in the discharge of mother and baby as per order with reinforcement on health teaching.
* Provided breastfeeding teaching to patients and staff.
* Collected breastfeeding data and reports during monthly meeting.

**NYC Health + Hospitals-Harlem,** Manhattan, NY Feb 2008- Dec 2016

*LPN/Pediatric Staff Nurse*

* Provided physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, and standing, walking, or exercising.
* Measured and recorded food and liquid intake or urinary and fecal output, reporting changes to medical or nursing staff.
* Recorded vital signs, such as temperature, blood pressure, pulse, or respiration rate, and pain status as directed by medical or nursing staff.
* Observed or examined patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine.
* Monitored residents’ condition; reporting any changes in mental status, behavior, appearance or physical abilities.
* Aseptic Techniques, Wound Care, Tracheostomy Care, Catheter insertion, Specimen Collection
* Medication Admin; via G-Tube, Intravenous access, PO, Optic, and Otic

**CLINICAL EXPERIENCE**

**Elmhurst Hospital Center,** Queens, NY

**Kingsbrook Jewish Medical Center,** Brooklyn, NY Sep 2015- May 2017

**Maimonides Hospital,** Brooklyn, NY

*Student Nurse*

* Delivered safe, direct care to an assigned group of patients under the supervision of the clinical instructor.
* Assisted and maintained, supported, and implemented department and Hospital’s mission.
* Administered medications to patients via various routes and monitored patients for reactions or side effects.
* Documented and communicated clinical findings such as vital signs, alteration in patients’ condition, or any other medical information.
* Maintained a safe, comfortable and therapeutic environment for patients and families.