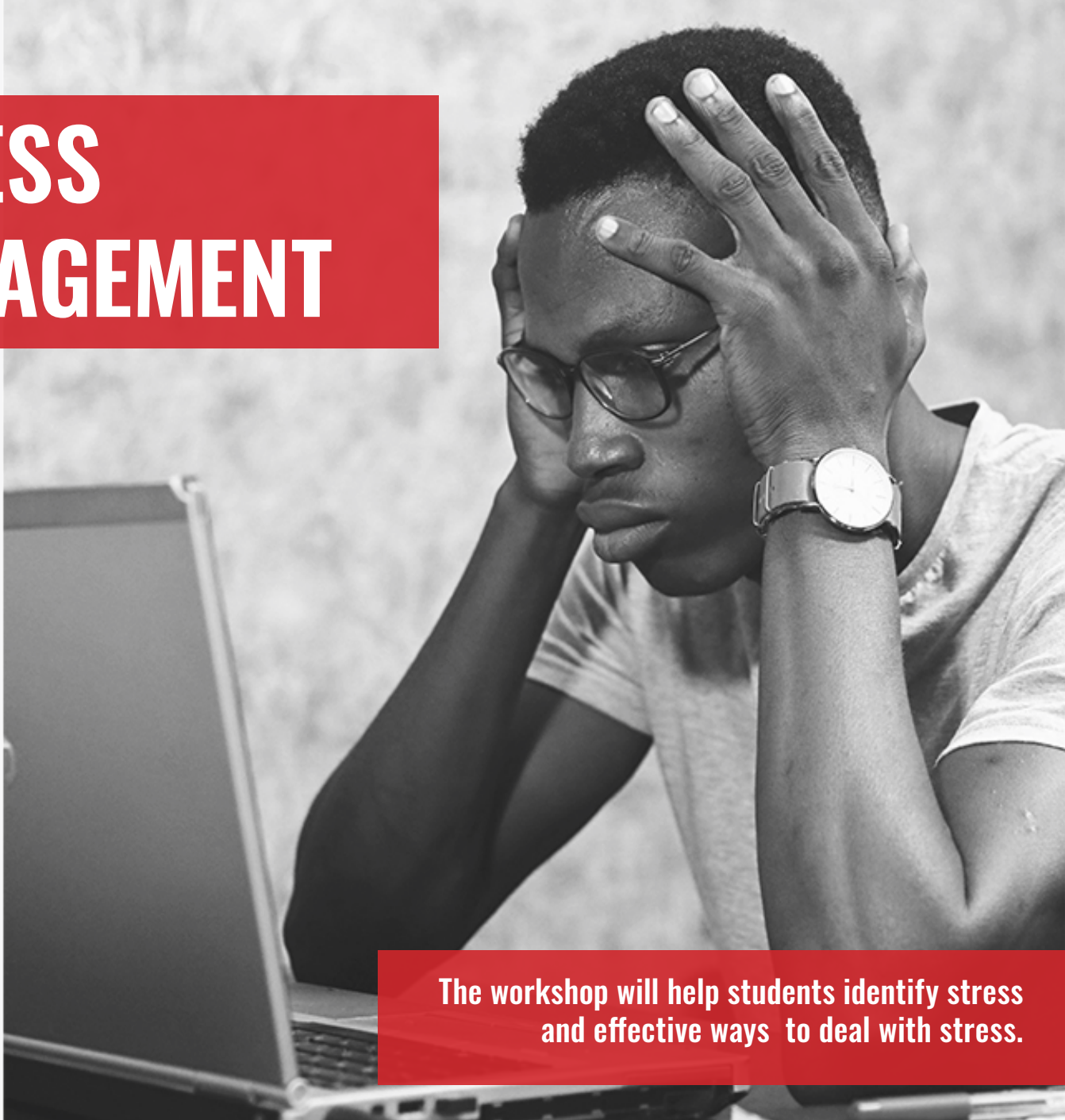


# STRESS MANAGEMENT



The workshop will help students identify stress and effective ways to deal with stress.

Date

Time

Location

Please RSVP by logging into your CityTechConnect account or contact PDC if you do not have an account.

**PROFESSIONAL ATTIRE IS PREFERRED**

