

Nursing to me means the embodiment of caring, healing, and showing ultimate compassion without judgment or bias to another fellow human being in a trying time in their lives. We care for those in need and make sure we can help them get better to the best of our abilities. Nursing is the epitome of caring for all diverse cultures. This makes our jobs gratifying because we get to care for and meet people from all walks of life. Making a difference with each patient I encounter with the nursing care I have provided is what makes my job fulfilling. Knowing that I have touched their lives in one way or another makes me proud that I am a nurse. When you think nursing, first thing that comes to mind is Florence Nightingale, who was the founder of modern nursing. However, there are other great nurses that admired her so much, they made such an impact in the nursing world as well. The nursing theory I base my practice on is known as the Transcultural Nursing Theory by Dr. Madeleine Leininger, the founder of the Transcultural Nursing Society. She developed the theory of transcultural nursing. She explained that we are exposed to different types of cultures, values, religions, etc., and we need to be aware of patients' cultural needs in order to provide quality care to them and their families. As an operating room nurse, I have had the pleasure of taking care of patients from all different types of cultures. Sadly to say there is still racism going on and with so many unfortunate events happening, some people may be overly cautious or scared. However, as a nurse, I took an oath to do my job and I want to help and make a difference with the patients and people that I meet along the way in my nursing career. Even a simple smile and thank you after getting to meet that patient for less than 30 minutes in my job makes me feel I have done my job the correct way and somehow even if that person doesn't remember my name, I know I did my job trying to make them feel comfortable and well-adjusted to the situation they are going through.