

Case Study 1:

Patient- 24 years old, Heavy/Type II

When patient started treatment as my patient, it was 10 years since she has a cleaning. Her Periodontal classification was: Heavy type II. Probing depths 5-6 mm generalized on posterior sextants and 3 and 4mm on anterior sextants. Moderate BUP.

Pathology-

Intra Oral-

Unidentified small elevated, papules on the left and right side of the uvula.

The dentist on the floor said they were not harmful and a deviation of normal.



Extra-Oral

Movable node found on the left side anterior to the SCM. Patient was sent home with referral to have doctor evaluation. It turned out the patient was on a steroid causing a node to be inflamed, the doctor was happy it was brought to her attention and my patient's medications were changed, the nodule was soon down to a normal size.

Patient Treatment Plan:

Detailed OHI, my patient was never taught how to properly brush or floss, as soon as she knew how to apply her new skills and her compliance was a success. There was a improvement immediately. Patient was placed on a 3-month recall.

Recall - 3 months later: patient was still a heavy Type II, her compliance of her new skills depleted during the 3 months.

All OHI was reviewed and dentition was scaled to completion, Patient was placed on a 3 month recall.

Recall- 3 months later: When patient returned, she was a M-II her OHI compliance was a success, OHI was reviewed again, dentition scaled to completion.

Arestin was placed on her lower right quadrant: a total of 8 sites.

An average of 1mm was reduced on all sites, and when reassessed the patient was changed to a periodontal classification of Type I and minimal bleeding.

Watching the transformation of this patients mouth in the over the past 1 ½ was living proof of why I do what I do, bring health back to someone's mouth.