

Janeth C. Rud

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DENTAL HYGIENIST

With my 4 years working experience as a dental assistant and 2 years training in a dental hygiene program, I will be a competent dental hygienist. My goal is to provide a high quality service for my patients and promote optimum oral health.

EDUCATION

Associate Degree in Dental Hygiene, 2015-2019

New York City College of Technology, New York, NY

CPR and AED Certified, July 2017

HeartStart Training, New York

Bachelor of Arts, Major in Communication, 2004-2008

Cebu Normal University, Cebu City

PROFESSIONAL EXPERIENCE

CityTech Dental Hygiene Clinic, New York, NY

Dental Hygiene Student, 2017-2019

- Provided local anesthesia and Oraqix.
- Experience with exposing and analyzing diagnostic dental radiographs including periapical, bitewings, full mouth series and panoramic.
- Efficient in placing pit and fissure sealants using rubber dam and cotton rolls.
- Efficient in performing oral prophylaxis including deep scaling with the use of ultrasonic scalers and hand instruments.
- Experienced in the application of Arestin.
- Treatment of pediatric, periodontal patients and people with disabilities.
- Identified pharmacologic effects on the oral cavity.
- Able to take alginate impressions and pour dental models.
- Identified caries lesions, process of caries and prevention.
- Knowledgeable in standard infection prevention and control techniques.
- Provided oral home care instruction to patients and provided recommendations for dentifrices, mouth-rinses and any other dental products.
- Use of plastic instruments with dental implants.
- Experienced in Microsoft Word, PowerPoint, DentiMax as well as paper and electronic charting.

Spencer Lew DDS, New York, NY

4-Handed Dental Assistant, 2013-2017

- Assisted the dentist in all dental procedures including fillings, crowns, bridges and root canal treatment.
 - Performed impressions, pouring, trimming and polishing study models of the patient.
 - Educate patients by providing oral homecare and post-operative instructions.
 - Sterilized and delivered instruments following standard procedures.
 - Assisted the dentist and dental hygienist with taking radiographs, documenting dental and periodontal charts.
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VOLUNTEERING EXPERIENCE

Headstart Center at Young Israel of Brighton Beach, Brooklyn, NY

Fluoride Varnish Program, April 2019

- Educate pre-K students about oral hygiene and nutrition.
- Provided oral screening and fluoride varnish to children.

East River Child Development Center, New York, NY

Civic Engagement Learning Service, March 2019

Educate children with special needs about oral hygiene and nutrition.

Colgate Dental Program at Greater New York Dental Meeting, New York, NY

Volunteer Staff for Oral Screening, Nov 2018

Assigned in oral hygiene demonstration station which includes the proper toothbrushing technique.

Maya's Hope Charity Organization, New York, NY

Volunteer Staff, 2013-2014

Performed multiple roles in an organization that assisted with financials needs of underprivileged children in Philippines and Russia.

- Served as an English/Tagalog translator for children's letters received from the Philippines.
- Designed hand crafted glitter cards and sent to the sponsors.

Reference

Dr. Spencer Lew

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