Philosophy of Nursing

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Nursing has always been the profession that I wanted to pursue throughout my childhood. After high school, I did not go into nursing because I feared the idea of people being hurt and elderly people surrounding me. This phobia came about from the guilt of when my grandfather was laying on his deathbed and asked me to massage his legs, I was only 6 years old and I was afraid. Not until 20 years later that the guilt which had haunted me throughout my childhood went away when I went back to my country and visited my grandfather’s grave. When I came back to the United States, I had a dream involving my grandfather and I also was pregnant with my first son. I believe that he came into my dream to forgive me; whichever the reason, my phobia of the elderly went away and now I enjoy being around them. I feel obligated to take care of them and I want to be there to give them a hand.

On December 2009, I decided to enroll in New York City College of Technology. I would finally attempt to become a nurse. I was accepted into the nursing program on January 2011. I have struggled to fully focus on my work because I am a mother of three. As an Asian American, my family has a strong focus on taking care of each other, when my father was diagnosed with Leukemia, that made me stretch out my schedule, resulting in me taking longer to complete my degree. I have learned so much from accompanying my father at the doctor’s office almost every week. I experienced a great kind of care from the nurses at Cornell Medical Center provided with meticulousness to my father. I learned from them what patient care is all about because I would provide the same care as they were providing to my father. Although I was struggling due to my father’s leukemia treatment and bone marrow transplant, I managed to finish something that I wanted to and that is becoming a Registered Nurse in August of 2014.

As an RN with an ADN, I believe in providing the highest quality of care for my clients. I will also be nonjudgmental towards my clients based on their race, ethnicity, culture, gender, financial, backgrounds and/or disabilities. I will make sure to incorporate Watson’s theory of Human Caring as well as Madeleine Leninger’s Transcultural Nursing; these two theorists who have had a major influence on the holistic caring structure.

My philosophy as it portraits the holistic caring is to use my knowledge of nursing, along with the clinical skills I have gained throughout my education. I will continue with my education to gain more knowledge from the evidence-based practices to provide better patient safety and a high quality of outcome. I will enhance my knowledge through transcultural nursing because I happen to live in a very diverse city and country. The most important thing in my life right now is to have the opportunity to continue with my journey of being a caring nurse and advancing my education in order to help my clients, by using critical thinking and knowledge gained from school and through experiences from clinical settings.