

# JANIA E. GRULLON

## DENTAL HYGIENIST

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**A** Sarasota, FL 34240

**W** \*E-PORTFOLIO WOULD GO HERE\*

### OBJECTIVE

As a detail-oriented and highly skilled recent college graduate, I have a proven track record of delivering exceptional oral healthcare services and proficiently handling clinical duties. I am now seeking a fulfilling role as a Dental Hygienist where I can utilize and expand upon my expertise in oral health care. My goal is to make meaningful contributions to preventive care and patient education while further developing my skills in a dynamic healthcare environment.

### EDUCATION

#### New York City College of Technology

Associate of Applied Science in Dental Hygiene

#### Brooklyn, NY

June 2024

#### The Pennsylvania State University – University Park

Bachelor of Science in Biobehavioral Health

#### State College, PA

December 2019

#### New York Medical Career Training Center

Phlebotomy Technician Certification

#### New York, NY

July 2017

### PROFESSIONAL EXPERIENCE

#### Dr. Christian Chung & Associates

Dental Hygiene Student Intern

#### New York, NY

May 28<sup>th</sup> – August 24<sup>th</sup>, 2023

- Collaborated closely with dentists and dental hygienists to provide exceptional patient care.
- Captured and interpreted dental radiographs alongside dental team to aid in treatment plan
- Assisted dental hygienists by managing suction, retracting soft tissues & assisting with supplies
- Greeted patients to ensure patient comfort

#### CVS Pharmacy

Pharmacy Technician

#### Queens, NY

December 2019 – December 2023

- Reviewed and processed incoming scripts for pharmacist approval
- Dispensed and filled approximately 400 medications per week
- Processed prior authorizations from insurance claims and resolved insurance disputes
- Calculated accurate dosage for medication management
- Provided exceptional customer service and patient education on medication use and side effects

#### Thomas Jefferson University and Hospital

Intern

#### Abington, PA

July 2016 – August 2016

- Aided with meals, walking and any hearing or vision equipment to high-risk older patients
- Encouraged mental stimulation and socialization through one- on-one patient interaction and therapeutic activities
- Worked alongside health care professionals to ensure patients maintained active participation in their treatments

### LEADERSHIP EXPERIENCE

#### Student American Dental Hygienists' Association

Vice President

#### NYCCT

Sept 2023 – May 2024

#### Honor's Scholars Program

Scholars Recipient

#### NYCCT

January 2022 – May 2024

#### Jewish Foundation for Education of Women

Scholarship Recipient

#### NYCCT

September 2022 – May 2024

#### Benjamin Namm Scholarship

Scholarship Recipient

#### NYCCT

January 2024 – May 2024

### LICENSES

CPR & AED

August 2022

Mandated Reporter

Jan. 25<sup>th</sup>, 2024

Local Anesthesia

Jan 2024

Sexual Harassment

Sept. 11<sup>th</sup>, 2023

### KEY SKILLS

Proficient in:

- Intraoral radiographs/x-ray
- Plaque & Calculus removal
- Patient Care
- Dental Charting
- Local Anesthesia administration
- Infection control
- Time Management
- Oral health education
- Dentrix

### LANGUAGES

- Fluent in Spanish

### REFERENCES

Will provide references upon request.

