NaAT

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Project Description

People don't have time to go to the gym so we think this home trainer program would be a great idea to personalize a daily routine of exercises tailored to the user. Personal trainer and motivational coach **Nutritionist** records statistics and goals reminder & calendar



Target User Group:

Anyone



Problem Context:

Busy schedules, a slowly recovering economy, social awkwardness, and just general inconvenience has put people off from seeking gym membership, even pursuing with a personal trainer or nutritionist.



Motivation:

Many of the time, people are more motivated to better themselves if someone is there to walk them through it.



Solution:

: Provides constant reminders to think about your health when you walk in the door.



Outcome:

Healthier lifestyle for everyone!







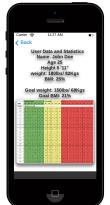




















Vertical Prototype

Horizontal Prototype