

Tucker, Ryan C., Jacob

NaAT

IMT 1102:

2, April, 2015

Project description

People don't have time to go to the gym so we think this home trainer program would be a great idea to personalize a daily routine of exercises tailored to the user.

Personal trainer and motivational coach

Nutritionist

records statistics and goals

reminder & calendar

LabCorp San Diego
13112 Rivering Creek Dr So Ste 200
San Diego, CA 92128 Phone: 858-668-3700

Patient ID	Client Number	Account Number	Account Phone Number	Room
Patient Last Name		Account Address		
Patient Middle Name				
Patient Phone		Special Volume		
Date of Birth	Sex	Fasting		
	M	Yes		
Patient Address		Additional Information		
UPIN: F28931				
Date Received	Date and Time Reported	Physician Name	NOI	Physician ID
01/16/09	01/17/09 11:06ET	IN	G	

Test Ordered
Differential/Platelet, Comp. Metabolic Panel (14); Uric Acid-R-Test+ANA+RA Qn+CR...;
HIVAb+HRCAb+HBSAg+HCVAb; HbA1c with MPQ Estimation

TESTS	RESULT	FLAG	UNITS	REFERENCE INTERVAL	LAB
Differential/Platelet	6.3		x10E3/uL	4.0 - 10.5	01
	5.02		x10E6/uL	4.10 - 5.60	01
	15.1		g/dL	12.5 - 17.0	01
	45.1		%	36.0 - 50.0	01
	90		fL	80 - 98	01
	30.2		pg	27.0 - 34.0	01
	33.5		g/dL	32.0 - 36.0	01
	13.1		%	11.7 - 15.0	01
	217		x10E3/uL	140 - 415	01
	57		%	40 - 74	01
	33		%	14 - 46	01
	8		%	4 - 13	01
	2		%	0 - 7	01
	0		%	0 - 3	01
(Absolute)	3.6		x10E3/uL	1.8 - 7.8	01
(Absolute)	2.1		x10E3/uL	0.7 - 4.5	01
(Absolute)	0.5		x10E3/uL	0.1 - 1.0	01
(Plate)	0.1		x10E3/uL	0.0 - 0.4	01
(Plate)	0.0		x10E3/uL	0.0 - 0.2	01
Uric Panel (14)					
Serum	81		mg/dL	65 - 99	01
Serum	14		mg/dL	5 - 26	01
Serum	0.93		mg/dL	0.76 - 1.27	01
Urea, Est	>59		mL/min/1.73	>59	01
Creatinine, American	>59		mL/min/1.73	>59	01

Persistent reduction for 3 months or more in an eGFR <math>\leq 60\text{ mL/min/1.73 m}^2\text{ m}^2\text{ defines CKD. Patients with eGFR values <math>\leq 60\text{ mL/min/1.73 m}^2\text{ m}^2\text{ may also have CKD if evidence of persistent proteinuria is present. Additional information may be found at nki.org.</math></p>
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<div data-bbox="605 0 1000 445" data-label="Image">

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<div data-bbox="395 365 605 695" data-label="Image">

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User Group: *Identify the user, based on target user group.*

Our product was designed to cater to peoples in all levels of fitness.

Design Problem: *Describe the context or situation in which the problem exists.*

Busy schedules, a slowly recovering economy, social awkwardness, and just general inconvenience has put people off from seeking gym membership, even pursuing with a personal trainer or nutritionist.

Motivation: *Describe an incident or condition that motivates the use of the solution (an anecdote).*

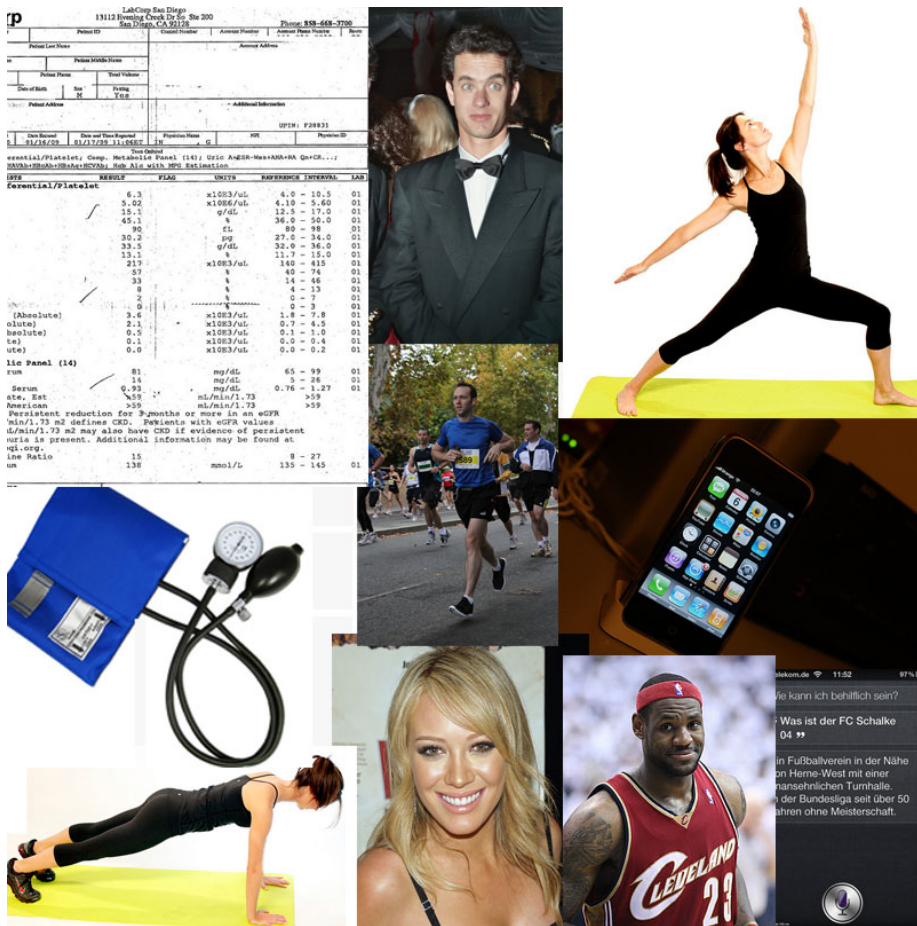
Many of the time, people are more motivated to better themselves if someone is there to walk them through it.

Solution: *Show how they access and use the solution to address their need.*

Using NaAT, users will be able to exercise at their leisure, at a level appropriate for them. As well as all utility of a personal trainer at a fraction of the cost, available 24/7.

Outcome: *Describe the outcome of the situation - the payoff, the problem solved, and the happy user.*

A healthier lifestyle for all!



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