New York City College of Technology

Interdisciplinary Committee

Change of Interdisciplinary Format Form for an Existing Course

(or designated section of an existing ID course)

DATE:4/26/2020

COURSE NUMBER AND TITLE: PSY3405ID Health Psychology

CREDIT HOURS: 3

CURRENT COURSE DESIGNATION: X College Option 🞏Elective X Capstone 🞏Other

DEPARTMENT HOUSED IN: Social Science

CATALOG DESCRIPTION: An overview of existing psychological and epidemiological data on the relationship between behavior and disease is presented. How behavior, emotion and cognition can influence disease processes is explored. The impact of stress and personal control on specific coronary, immune and infectious disease symptoms is examined. Social support, referral and interventions for optimal physical and mental health are introduced.

CURRENT STRUCTURE: Guest Lecture/Hybrid

NUMBER OF SECTIONS CURRENTLY OFFERED: Fall semester 1 Spring semester\_\_\_\_\_

CHANGE OF INSTRUCTOR: Yes X No

CHANGE IN INSTRUCTOR’S DEPARTMENT/DISCIPLINE: Yes X No

CHANGE IN GUEST LECTURER(S): Yes X No

Are one or more guest lecturers from a different discipline than originally proposed?

IF CO-TAUGHT, CURRENT CREDIT DISTRIBUTION:

PROPOSED CHANGE IN INTERDISCIPINARY FORMAT:

**From:** X Guest lecturers \_\_ minimum 20% \_\_other % 🞏Co-taught 🞏Shared credits 🞏Learning Community X In person or hybrid

**To:** X Guest lecturers\_\_\_ minimum 20% \_\_other % 🞏Co-taught 🞏Shared credits 🞏Learning community X Fully online

PROPOSED BY: Amanda Almond

If co taught: Names of those co-teaching

Briefly explain reasoning for changing the format of the currently offered sections, or if new sections of the course are being offered for the first time, explain briefly the rationale for the change in format and attach your syllabus.

Interaction Plan:

For this fully online course, guest lectures would be held synchronously via Zoom. Guest lecturers would remain the same (1- economics lecture, Sean MacDonald and 2- philosophy lectures, Rob MacDougall). If for any reason the lecturer cannot make the Zoom date/time, a recorded lecture may be substituted and a discussion forum online, with the presence of the guest lecturer via Blackboard, would be put in place. These lecturers’ content and materials are woven into class assignments and by using case studies and subsequent assignments (i.e., international unemployment/factory shutdowns and differences in health outcomes by country; farming and water rights among Pima Indian tribe and health outcomes; Whitehall study and results related to economic health disparities). Students are given comprehension quizzes on these specific cases and are expected to integrate content from the guest lectures.