

# **EXPLORING THE DIVERSITY OF NYC, THROUGH FOOD**

**BY: MARTHA TENESACA**



**New York City is home to millions of tourists each year, who come to witness its beautiful buildings, structures, museums, etc. The one thing that sets New York City apart from other tourist places in other places of the world, is the diversity it has. Coming to NYC, you will not encounter just New Yorkers, you will also encounter people from all over the world, who are not just here to visit, but have made their lives in this city. Immigration is a big part of the diversity that people can now see in NYC. Years ago, when there was a high number of immigrants to the city, they did not come empty handed. They came with their cultures, their foods, their stories, their customs, and those are the aspects that have come to be a part of New York City today.**

## **BEFORE YOU TRAVEL!**

**Due to the current situation with Covid-19, the United States government has placed specific rules to be followed by visitors from outside the country.**

**All visitors have to quarantine upon arrival to the country, and might also be asked to submit a PCR test.**

**For more travel restrictions and guidelines, visit: <https://www.tripsguard.com/destination/new-york/>**

## **36 HOURS IN NYC**

### **LODGING:**

**NYC has a wide variety of hotels for people to stay at as they explore the city.**

**Being NYC, prices are not very low, but there are some pretty good prices a person can find.**

**One night at the High Line Hotel can come out to \$143, but someone may also want the more luxurious option of \$507 a night at the Equinox hotel.**

**For more hotel information, websites like TripAdvisor will help you find good deals and help you with easy bookings.**

## FOOD AND BEVERAGE

While most hotels offer quick breakfasts, which a visitor can enjoy, there are a lot of great food options to explore in the very diverse NYC.

### BREAKFAST:

**\*AVOCADERIA:** In recent months, healthier food options have become quite popular amongst the American public. Places like Avocaderia offer delicious, yet healthy and nutritious food items. This place, as the name suggests, has their focus around avocados. So if you want to enjoy some fresh avocado toast, quinoa bowls, this is the place to visit.



**\*COPPELIA:** this is a great place to taste some of the Latin influence in the city, from Cuba. Taste their “Cafe con Leche,” for a great start to your morning.



### LUNCH:

**\*HALAL GUYS:** the Halal cart has become a very popular spot in NYC. Some say this demand came from Muslim cab drivers looking for a halal meal, others say inspiration was brought in from Greek gyro vendors. Some even say that Egyptian immigrants brought this food in the 80s and 90s. This lunch option specifically, goes on to demonstrate the rich diversity that NYC has to offer.



**\*PRINCE STREET PIZZA:** This pizza brings a little taste of Italy to NYC, serving square pizza. Pizza came into the city in the late 19th century when Italians started immigrating into the country. Their motto is “no square can compare,” but you gotta taste it to say for yourself.



#### **DINNER:**

**\*LE GIGOT:** For dinner, you can enjoy a nice big serving of cassoulet, a rich casserole containing various meats and baked beans. Cassoulet originated in France, but then made its way into a fine dining dish to be served in NYC, bringing the French influence to the city. If you decide to stop for a bowl of cassoulet, be sure to do so on a not-so-full stomach.



#### **BEVERAGES:**

What to do on a night out with friends in the city?

Or simply relax on your own and think? (Perhaps the best option right now due to our pandemic)

Well, whatever the situation, a stop for drinks is quite needed.

**\*ANGEL'S SHARE:** This Japanese cocktail lounge offers “flashy drinks.” One of them being the “Smoke Gets in your Eyes.” The drink comes cloaked in smoke, and surely lives up to its name. This and other drinks are always available at Angel's Share.

**\*ROLF'S:** this old-school German spot serves eggnog, just to fit the Christmas spirit. And even on non-Christmas days, you can count on them delivering delicious eggnog.

## **TRANSPORTATION:**

Transportation in NYC can be both very simply, yet also very complicated. But then again, so is a lot of NYC. Look at it this way: one train can get you wherever you need to go. But if you get off even one station away, or even if you get to the correct station, and you exit through the wrong door, you can find yourself in a very different part of NYC than you expected.

**\*TRAIN:** the subway trains operate 24 hours a day (it is the city that never sleeps right?) Using a Metrocard, each ride costs \$2.75, and once you get into the train, you can transfer to basically any train in your route however many times you need. But as soon as you leave through a turnstile, then you gotta swipe your metrocard again and pay another \$2.75.

**\*BUS:** The bus fare is the same as the subway fare, and if you get on the bus first you can switch to the subway without paying the \$2.75 again, and vice versa. That is what New Yorkers call a “transfer.” The difference with the bus is that you can actually use your cash (coins) to pay for your ride, which you cannot do for the subway, since you can only use your Metrocard in the subway stations. Another bug difference is the use of “express buses.” These buses cost \$6.50! These buses take fewer stops and get you to your destination faster, so it is up to you to decide which bus to take.

**\*TAXIS:** taxis and cabs are a very common way of transportation in NYC, especially in the city. Hailing a yellow cab, yes as shown in the movies, is very common here. Perhaps now people use their phones to call an Uber or a Lyft more, which may also be cheaper.

Learning to use the buses and trains can be a little bit confusing at first, but once you get the hang of it, then you can get anywhere in the city. Especially all your favorite food spots!



### **POINTS OF INTEREST:**

**“The Big Apple,”** known also as **“the city that never sleeps,”** has many many places for you to visit and learn about the city’s culture, history, etc. But do they have a place for you to explore the food of the city? Do they have a place for you to learn about more foods? Well, the answer would be a big YES.

**\*THE MUSEUM OF PIZZA:** Want to learn more about the wonderful pizza (circular, triangular, or square) that you consume? Visit the Museum of Pizza for a unique experience, seeing all the art made to celebrate pizza. Perhaps even get to taste a slice, after all, it is a museum that celebrates pizza. Located in Brooklyn, this is definitely a site to see.



**\*THE MUSEUM OF ICE CREAM:** In the mood to learn about the cold delicious summer (and even winter) treat? Visit Broadway and arrive at the Museum of Ice Cream. Enjoy their sprinkles pool, 3-floor slide and cafe. Truly, a place to visit without a doubt for those with a special love for ice cream.



**New York City, home to millions of visitors a year, has many places to visit that will not make you bored. Enjoy the rich diversity of the city as you eat at any restaurant, visit any place. Look around, you might find someone from a part of the world you never even heard of, or someone from your hometown. That is the beauty of NYC.**

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