

KNISHES


By: Tyrah George

What is a Knish?

A knish is dough in the shape of a dumpling that is stuffed with a filling and can be baked or fried, and often includes mashed potatoes.



Origin



knishes originated in Eastern Europe. The Jewish who were immigrating to the United States in the 1900's introduced this dish to NYC's lower east side. In fact shops dedicated to serving knishes, called knisherries, were opened in NYC, and it's hard to find in any other place in the US. This dish is often referred to as Jewish soul food.

Yonah Schimmel Knish Bakery Menu



The first knishery in the lower east side

A Romanian immigrant who went by the name of Yonah Schimmel had sold knishes out of a pushcart since 1890 and then acquired a small store in 1910. When Schimmel left the business his cousin then opened a knishery and named it after him. This knishery has been open for more than 100 years.



Video From Yonah Schimmel

- <https://www.youtube.com/watch?v=t0EvVEmEJeE&t=21s>
 - https://www.youtube.com/watch?time_continue=22&v=uTTjoqSCVbc&feature=emb_logo - Short clip of what it's like walking in there.
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More photos



Reference List

- <https://www.joanneoppenheim.com/post/2017/08/31/who-invented-the-toothsome-dainty-the-knish>
 - <http://www.knishery.com/news/>
 - <https://www.tasteofhome.com/article/what-is-a-knish/>
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