



# Beignets

By Genesis Lopez  
HMGT 1102  
Prof. Stewart

What are  
they?



According to the Merriam Webster dictionary, a beignet is a light squared doughnut, usually sprinkled with powdered sugar.

Beignet can be pronounce (bin-yay or ben-yay) if you are not trying to be fancy.



# Fun Facts

- Even though many may think that beignets come from New Orleans ( a small but very known city in Louisiana), they actually were originated in France and Ancient Rome.
- Beignets can be modified to anything.
- Main Ingredients in these fluffy yummy items are Bread flour, evaporated milk, granulated sugar, lukewarm water, oil or lard and shortening.





# Beignets in NYC



Tenth Avenue  
Cookshop  
(156 tenth ave. at 20th  
Street. NY 10011)



# COOKSHOP

## BRUNCH

### STARTERS

- SMOKED BLUEFISH CROSTINI** 12  
*creme fraiche, pickled onion, radish*
- FALL CHICORIES** 15  
*castelfranco, treviso, escarole, red wine vinaigrette*
- TUSCAN KALE** 16  
*honey crisp apples, kohlrabi, pumpkin seeds, spiced apple vinaigrette*
- PERSIMMON & YOGURT** 12  
*pomegranate, crushed walnuts, honey, mint*
- PEAR & ROASTED BEET SALAD** \*\* 16  
*local bosc pears, golden beets, mint, feta, hazelnuts, spicy honey vinaigrette*

### SIDES

- WHOLE WHEAT SOURDOUGH TOAST** 6  
*apple butter, herb butter, olive oil*
- POTATO HASH** 8  
*Russet potatoes, onions, garlic, paprika, oregano*
- HOUSE SMOKED HAM** 10  
*duroc pork, maple-cider glaze*
- PORK & GARLIC SAUSAGE** 10
- FRENCH FRIES** 7

### SWEETS

- POT DE CREME** 12  
*chocolate sauce, graham cracker, toasted meringue*
- APPLE CRUMBLE** 10  
*caramelized apples, oat streusel, buttermilk gelato*
- SOFT GINGERBREAD COOKIES** 8

### BRUNCH

- CINNAMON BUN** 8  
*cream cheese icing*
- BEIGNETS** 10  
*Dipalo's ricotta, quince jam*
- CASSEROLE BAKED FRENCH TOAST** 16  
*caramelized apples*
- SCRAMBLE** 16  
*slow roasted broccoli, garlic, onions, creme fraiche, grana cheese, toast*
- POACHED EGGS** • 17  
*roasted cauliflower, delicate squash & sunchoke hash, feta, arugula, harissa vinaigrette*
- BAKED EGGS** • 15  
*three eggs, piperade, parmesan-herb breadcrumb*
- HUEVOS RANCHEROS** • 18  
*two eggs, black beans, ranchero sauce, monterey jack cheese, creme fraiche, crispy tortilla, pickled jalapeño*
- MARKET VEGETABLES** • 19  
*poached egg, mixed greens, sunchoke, sweet potato, pomegranate, radish, carrots, kohlrabi, heirloom grains, lemon vinaigrette*
- ROASTED CHICKEN BREAST SALAD** 23  
*roasted delicata squash, shaved fennel, radish, red wine vinaigrette*
- COOKSHOP EGG SANDWICH** • 15  
*fried egg, ají dulce aioli, arugula, fontina, brioche bun, mixed greens, with house smoked pancetta 18*
- COOKSHOP BURGER** • 23  
*locally raised beef, raw milk cheddar, pickles, brioche roll, fries with an egg 25*

### BLOODY MARYS

- COOKSHOP MARY** 14  
*ALB vodka, house mary mix, salt*
- BLOODY MARIANNA** 14  
*jalapeño infused tequila, chili, lime, salt rim*

### COCKTAILS

- BARTLETT BELLINI** 14  
*greenmarket pear puree, prosecco*
- HARVEST MOON** 15  
*crop organic spiced pumpkin vodka, fallspice-infused agave, lime, ginger beer*
- POMELITA** 16  
*casco viejo blanco tequila, montelobos mezzal, pomegranate, orange blossom, lime*
- RICKY PARADISI** 15  
*neversink gin, grapefruit, lemon, seltzer*
- HUDSON VALLEY SIDECAR** \*\* 16  
*pear brandy, bartlett pears, almond liqueur, lemon, allspice sugar rim*
- FALL FASHION** \*\* 16  
*pinhook rye, barrel aged apple liqueur, maple syrup, black walnut bitters*
- SWEATER WEATHER (HOT)** 15  
*barking irons applejack, cinnamon, lemon, ginger, chamomile*

### FREE-SPIRITS

- GREEN JUICE** 10  
*apple, celery, parsley, spinach & carrot*
- LEMON, LIME & BITTERS** 7  
*lemon, lime, bitters, soda*
- ATHLETIC BREWING 0% IPA** 7

### BEER & CIDER

- 'LIGHT & TIGHT' LAGER** 8  
*Sunday, Garrettsville, NY 3.9% - 12oz*
- 'TENEMENT' PILSNER** 9  
*Torch & Crown, Manhattan, NY 4.9% - 12oz*
- 'WRENCH' IPA** 9  
*Industrial Arts, Garnerville, NY 7.1% - 12oz*
- 'BONE DRY' CIDER** 10  
*Brooklyn Cider House, Lafayette, NY 6.9% - 12oz*
- 'EXTRA STOUT'** 9  
*Zero Gravity, Burlington, VT 5.9% - 16oz*

### SPARKLING

- BLANC DE BLANCS** 14/56  
*Raventós i Blanc, Penedès, Spain 2018 #*
- CHAMPAGNE** 24/96  
*Bourmault 'Lettre à Terre', Champagne, France NV*
- CREMANT D'ALSACE ROSE** 13/60  
*Pierre Sparr, Alsace, France NV*

### WHITE

- ARNEIS** 14/56  
*Fontanafredda 'Bricotondo', Piedmont, Italy 2019*
- RIESLING** 13/57  
*Eik Cove, Willamette Valley, Oregon 2018 ☼*
- DOURO BRANCO** 18/72  
*Muxaget, Douro Valley, Portugal 2018 ☼*
- SAUVIGNON BLANC** 15/60  
*Grgich Hills 'Fumé Blanc', Napa Valley, California 2018 #*
- CHARDONNAY** 16/64  
*Sandhi, Central Coast, California 2019*

### ORANGE

- REBULA** 16/65  
*Kabaj, Goriska Brda, Slovenia 2017 #*

### RED

- PINOT NOIR** 15/60  
*Ilaha, Willamette Valley, Oregon 2019 #*
- BARBERA D'ALBA** 13/52  
*Bovio, 'Regaveja', Piedmont, Italy 2018*
- COTES-DU-RHONE** 14/56  
*Michel Chapoutier, Rhône Valley, France 2020 #*
- MALBEC** 17/68  
*Cosse et Maisonneuve 'Le Page', Cahors, France 2018 ☼*
- CABERNET SAUVIGNON** 16/65  
*Hedges 'Red Mountain', Yakima Valley, Washington 2018 ☼*

### DESSERT

- MACVIN DU JURA** 12 ☼  
*Domaine de la Tournelle, Jura, France NV*
- TAWNY PORT NV** 10  
*Casa Santa Eufemia, Douro, Portugal*

☼ Biodynamic # Organic/Sustainable # Natural/Raw

# COOKSHOP

\* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.  
\*\*Contains nuts.



## *BRUNCH*

### **CINNAMON BUN 8**

*cream cheese icing*

### **BEIGNETS 10**

*Dipalo's ricotta, quince jam*

### **CASSEROLE BAKED FRENCH TOAST 16**

*caramelized apples*

### **SCRAMBLE 16**

*slow roasted broccoli, garlic, onions,  
creme fraiche, grana cheese, toast*

### **POACHED EGGS \* 17**

*roasted cauliflower, delicata squash & sunchoke hash, feta,  
arugula, harissa vinaigrette*

### **BAKED EGGS \* 15**

*three eggs, piperade, parmesan-herb breadcrumbs*





**FOOD  
INSIDER**

**LEGENDARY EATS**



thank you!

-questions? feedback?



# Links and help

The Merriam Webster Dictionary Definition:

<https://www.merriam-webster.com/dictionary/beignet>

Fun Facts:

<https://gambinos.com/new-orleans-food/powdered-sugar-pillows-history-beignet/>  
and <https://en.wikipedia.org/wiki/Beignet>

The Tenth Ave. Cookshop Main Page and Menu: <https://www.cookshopny.com/>

Food Insider Video: <https://www.youtube.com/watch?v=1IHDT02C9t8>

Beignet Meme : <https://www.youtube.com/watch?v=Fk3Z8riakbU>

