

LESSON PLAN

Session Title	"Up In Smoke: Teenage Habits and Its Consequences" By: J. Blando, J. Chen, H. Jang, A. Kim & J. Sullivan		
Objective(s)	Participants will be able to identify risks to oral and systemic health when using e-cigarette products		
	Participants will be able to recognize common ingredients found in e-liquids that contribute to increased risk of plaque, tartar, and cavities		
Activity	Time	Tasks	Materials
Ice Breaker/Prior Knowledge	5 minutes	Assess their knowledge of e-cigarette products. Do they know someone who vapes? Are they aware of how vaping affects the mouth? Are they aware of the types of bacteria in their mouth that lead to plaque, tartar, and cavities?	Short Questionnaire to be handed out and PowerPoint Presentation Slide #2
Direct Instruction	10 minutes	Students will be shown PowerPoint Presentation discussing the mechanics of e-cigarettes and ingredients found in e-liquids and how they affect the mouth. It will also explain how e-cigarettes affect their systemic health.	PowerPoint Presentation Slides #3-8
Whole Group Practice	10 minutes	Students will be playing Jeopardy in 6 groups of 4	PowerPoint Presentation Slide #9
Individual or Pair Share	5 minutes	Students will be asked what they learned from this lesson	PowerPoint Presentation Slide #10
Review	5 minutes	Reiterate important key points and strategies to prevent forming vaping habits. Students will answer the short post-presentation hand-out.	PowerPoint Presentation Slide #11 and Post-Presentation Hand-out
Assigning Homework	5 minutes	Students will be given a code to scan with a link to a Google Doc that lists all the resources used in the presentation. Students will then be asked to talk to someone they know who uses e-cigarettes and start a conversation about quitting by showing the documented adverse effects of e-cigarette usage.	PowerPoint Presentation Slide #12