

As we know in the world everyone is equal however some human beings who are totally different than normal people in the world for example soldiers. Soldiers look like normal human beings however soldiers are way different than normal human beings. An article's name is Soldier Battel. A soldier always prepares himself to sacrifice everything for his country. Therefore today my article is about how soldiers battle with them on selves. In this article, I will truly try to grab the attention of the youth-adult of this nation because I think that the youth should know that who is it who protecting us without even knowing ourselves. In unit two I encountered many obstacles that a soldier faces on the battlefield as well as in normal life.



In addition, that soldiers use different kinds of drugs that they take for sleep and some of the drugs that they use to stay alert on their post. As we all know that any kind of drug is not good

for the human body although the soldiers have to take it so they can able to relax for some time. Soldiers life is Far difficult than the life of a civilian. Soldiers are the toughest people in a country. They protect their country no matter what. Soldiers carry out such jobs that a civilian can't. Furthermore, soldiers send out to other countries do specific jobs and they live away from their family quite a long time. They left their home their families just to protect their beloved country. Being a soldier is not easy. Therefore I want that the adult should know that the soldiers who protect us are the best.



Besides in the soldiers live there are a lot of mental health issues that individuals face. For example, some of the soldiers who experience trauma or were hospitalized or injured during

combat are at high risk for increased drinking or drug use. It is approximately 37 to 50% of Afghanistan and Iraq war soldiers have been diagnosed with mental disorders. Mental disorder includes stress, Sleep disturbances, and Traumatic brain injury known as (TBI). As I mentioned above, that many soldiers use drugs just to enhance their alertness during patrols or nighttime duty. Soldiers forced to kill others like terrorists. Soldiers also what is their friends getting injured or killed and they face the near-constant threat of death. In addition to that soldiers face long separation from their families. The soldiers don't have a hold on their lives. After becoming a soldier. A soldier's life belongs to the military who control them.



Based on all the information given above. In conclusion, I will say that soldiers should not be sent overseas so that they can't feel homesick and miss their families. The government must take

some actions that help the soldiers to stay in their own country so they can visit their families more often. Our soldiers sacrifice a lot more than just themselves. Each soldier faces a lot of hardships and failures. They take drugs just to make themselves feel better for some amount of time. However, they just take to make themselves better. Those drugs have dangerously consequences later that every soldier faces. In the end, I will emphasize to my adults that soldiers can do much better just staying in their own country and getting properly directed. Therefore we shall be thankful to the soldiers and their devotion to their country,

