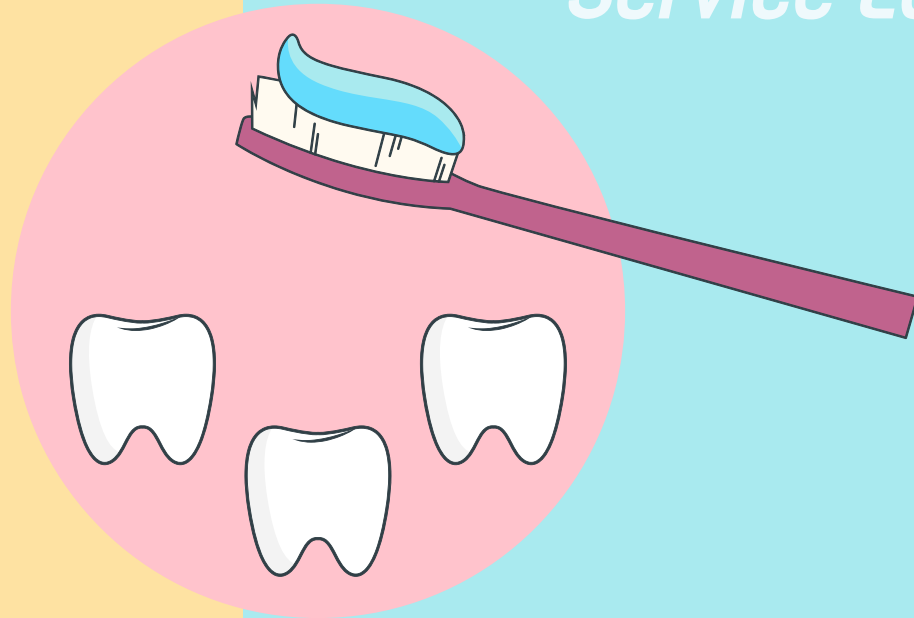


Oral Health Education in Children with Special Needs

Service Learning Project



Den 2413 // Spring 2021

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What we know as a dental care team!



Barriers to CSHCN Population

- limited resources
- lack of oral health care literacy
- physical and developmental disabilities
- sensory processing difficulties

What we want to know!



Questionnaire

- Do you have **dental insurance**?
- Have you scheduled a dental **appointment** for you and your child?
- Can your child perform **basic oral hygiene**?
- How much **sugar** does your child consume a day?



Results

- 4-Point Scale
- 75% of the families and children are at **Moderate** to **High Risk** of oral and dental disease.

Let's play the "Name Game"!

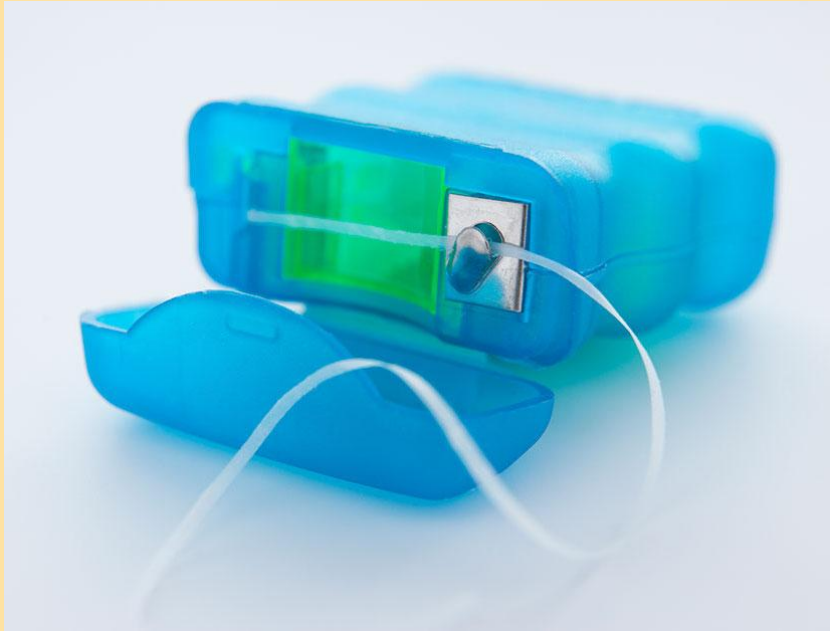


Let's play the "Name Game"!



toothpaste!

Let's play the "Name Game"!





We use these items to
***brush and clean our
teeth!***

BUT ... why?

*why do we need to brush
and clean our teeth?*



Why do we need to brush our teeth?

- to remove sticky plaque FILLED with yucky germs
- prevent those yucky germs from creating tiny holes in our teeth called ***cavities***



MyKid's
DENTIST™

Now let's meet Rex!

Rex is a friendly alligator that **loves**
to **have his teeth brushed!**

And Rex is gonna help us show you
how to do it and love it, too!



How do we brush and floss our teeth?



MyKid's
DENTIST™

brushing

- put a pea-sized amount of toothpaste on your toothbrush
- start with your **back teeth** coming forward and brush in little circles
- don't swallow the toothpaste!

flossing

- have a parent help you!
- wrap the floss around your pointer fingers
- guide it gently between your teeth back and forth until you reach the gums



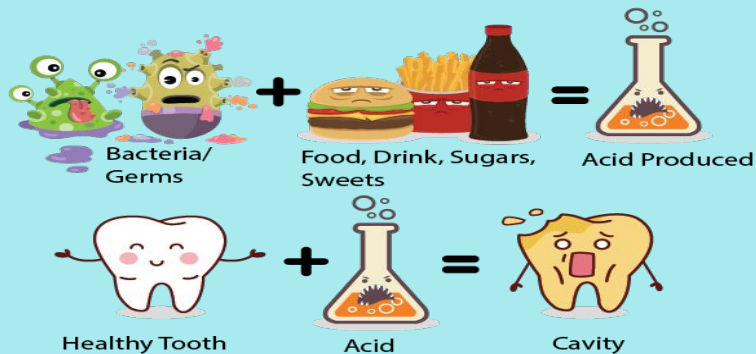
Cavities

Cavity → Breakdown of tooth structure

How a cavity **Forms** → Bacteria that sits in our mouth from the sugar and carbohydrates we eat forms ACID

ACID → eats away the outer layer of the tooth called enamel

Dental Decay Process



Good Foods



Bad Foods



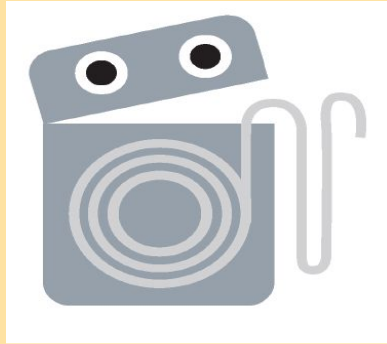
How to Prevent Cavities



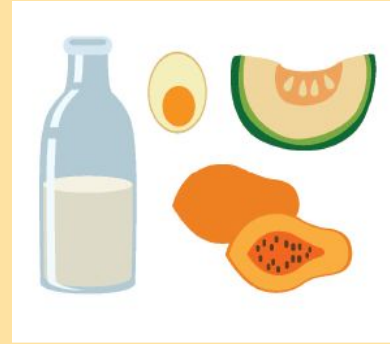
Brush your teeth with a **pea** size amount of toothpaste for **2** minutes Morning + Night



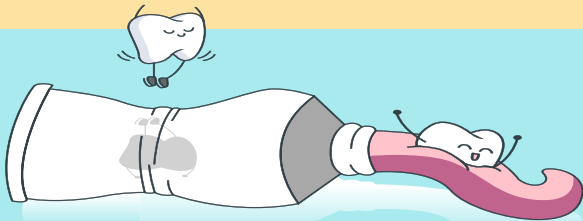
Floss at least 1x daily



Drink **water** throughout the day & make healthy food choices



Visit the Dentist every **6 Months**

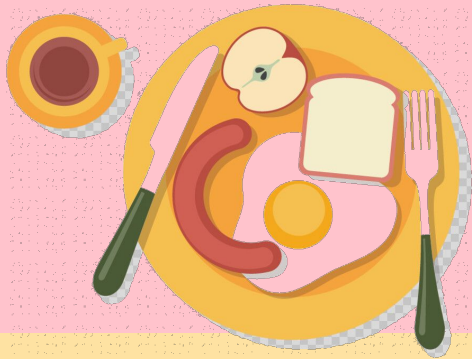
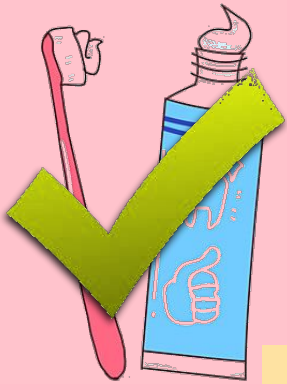




**Let's put together
what we have
learned!**

Story Time with Rex!

It's 7 o'clock in the morning and Rex is ready to start his day. Should Rex first **brush his teeth** or **go have breakfast**?

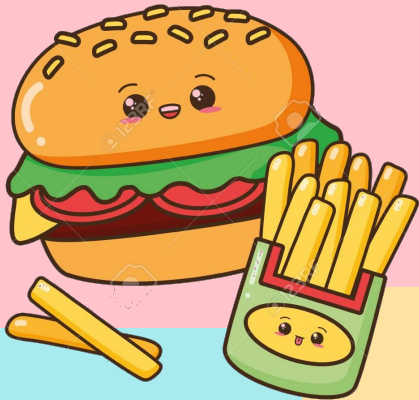


Now that Rex has brushed his teeth – it's time for breakfast! Should Rex have **healthy apple** or a **sugary lollipop**?



Story Time with Rex!

Before Rex gets going to school, what should he pack for lunch -- **a hamburger and french fries** or some **yummy fruits and veggies**?



At lunchtime, Rex realizes he forgot to bring a drink! Should Rex ask for a **water** or for a **soda**?

Story Time with Rex!

Rex gets home from school and is having dinner with his family. What can he have for dessert, **ice cream** or **sugar-free jello**?



Surprise!



any questions?

