

**NEW YORK CITY COLLEGE OF TECHNOLOGY
COURSE OUTLINE**

**DEPARTMENT OF NURSING
ASSOCIATE IN APPLIED SCIENCES**

NUR 1030 Foundations of Caring

**Faculty: Professor Michelle Gellar
Pearl 505**

Office Hours by appointment: Monday 1:00-3:00 p.m.

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COURSE DESCRIPTION:

Using the framework of Watson's caring model, this course introduces the student to nursing practice. Emphasis is on learning how the nursing process can be used to meet the client's human needs, primarily survival and functional needs. Students learn consideration of the client's social, cultural, and spiritual values within health-illness-healing experience. In the laboratory, students develop the technical skills needed for client care in community, long-term, and acute settings.

PREREQUISITES: BIO 2311, PSY 1101, ENG 1101, MAT 1275

COREQUISITES: BIO 2312, PSY 2301, NUR 1010

CREDITS: 6 Credits

HOURS: 4 class hours, 6 clinical hours

COURSE OUTCOMES NUR 1030:

1. Use knowledge and skills from the communication arts, information technology, and the social and biological sciences in assessing health needs of clients in community, long-term and acute care settings.
2. Define caring behaviors to safely meet the human survival and functional needs of selected clients in health care settings.
3. Identify the steps of the nursing process in providing client-centered care to culturally diverse clients.
4. Identify evidence-based practice using critical thinking skills in decision-making for client care.
5. Identify principles of therapeutic communication when interacting with clients, families, significant others and health care providers.
6. Describe the teaching-learning needs of clients along the health-illness- healing continuum.
7. Recognize the role of health care providers in providing a protective, supportive and/or corrective environment.
8. Discuss legal and ethical practices, which maintain the safety, dignity and integrity of selected clients.
9. Identify accountability in the role of the nursing student by using quality improvement standards.
10. Recognize the responsibility of the nurse as a client advocate in the health care delivery system.
11. Discuss educational opportunities in the nursing profession.
12. Recognize the value of community-based service.

NUR 1030 COURSE CONTENT

Introduction to Nursing and the Nursing Process
Introduction to NYCCT Nursing Program
The Philosophy of Caring, Organizing Framework, Departmental Policies
Development of Human Caring Relationships in the Health-Illness-Healing Continuum
Cultural, Social and Spiritual Values
Understanding Implications of Growth and Development in Client Care
Understanding the Legal and Ethical Aspects of Nursing Care
Application of the Nursing Process in Meeting Human Needs:
 Promoting a Integument
 Maintenance of protective Environment
 Functional Need/Mobility
 Tools and Techniques of Client Assessment
 Survival Need/Nutrition
 Survival Need/Bowel Elimination
 Survival Need/Urinary Elimination
 Functional Need/Drug Therapy
 Functional Need/Comfort
 Functional Need/Rest and Sleep
 Survival Need/Oxygenation

TOPICAL OUTLINE

- WEEK 1** Introduction to Nursing and the Nursing Process
Introduction to NYCCT Nursing Program
The Philosophy of Caring, Organizing Framework, Departmental Policies
Cultural, Social and Spiritual Values
Meeting the Client's Needs:
 Developing Effective Communication Skills.
 Stress/Anxiety
- WEEK 2** Development of Human Caring relationships in the Health-Illness-Healing Continuum
- WEEK 3** Understanding Implications of Growth and Development in Client Care.
- WEEK 4** Understanding the Legal and Ethical Aspects of Nursing Care
- WEEK 5** **UNIT EXAM 1** followed by:
Introduction of the Protective Supportive and Corrective Environment:
A. Transfer of Microorganisms
B. Hygienic Environment
C. Infection Control/Immunization
D. Biological safety/for all Age Groups
E. Allergic Responses
- WEEK 6** Application of the Nursing Process in Meeting Human Needs:
 Maintenance of Integument
 Physical Hygiene
- WEEK 7** Application of the Nursing Process in Meeting Human Needs:
 Functional Need/Mobility
- WEEK 8** Application of the Nursing Process: Tools and Techniques of Client Assessment-Vital Signs:
A. Clinical Manifestations
B. Psychosocial Assessment
C. Diagnostic Studies

- WEEK 9** **UNIT EXAM 11** followed by:
Application of the Nursing Process in Meeting Human Needs:
Survival Need/Nutrition
- WEEK 10** Application of the Nursing Process in Meeting Human Needs:
Survival Need/Bowel Elimination
- WEEK 11** Application of the Nursing Process in Meeting Human Needs:
Survival Need/Urinary Elimination
- WEEK 12** **Unit Exam III followed by:**
Application of the Nursing Process in Meeting Human Needs:
Survival/Functional Need/Drug Therapy
Application of the Nursing Process in Meeting Human Needs:
Functional Need/Comfort
- WEEK 13** Application of the Nursing Process in Meeting Human Needs:
Functional Need/Rest and Sleep
- WEEK 14** Application of the Nursing Process in Meeting Human Needs:
Survival Need/Oxygenation
- WEEK 15** **FINAL EXAMINATION**

TEACHING/LEARNING METHODS:

Lecture/Discussion
Blackboard
Audio-Visual Aids
College Laboratory
Student-Client Interactions
Pre/Post Clinical Conference
Written and Study Assignments
Nursing Case Studies
Tutorial
Test-Reviews

CLINICAL AGENCIES:

Child Care: Amico Court Street Children's Center
Duffield Child Care
Farragut Child Care

Senior Citizen: NYC Department of Aging Community Senior Centers

Long-Term: Kingsbrook Jewish Nursing Home
Metropolitan Jewish Geriatric Center/ Shorefront Division

Acute Care: Kingsbrook Medical Center
Lutheran Medical Center
Maimonides Medical Center
New York Methodist Hospital

NUR 1030 EVALUATION AND GRADING:

Theory: Each of 3 unit exams = 60% of course grade (20% each).
Comprehensive Final Examination = 40% of course grade.

Clinical: LABORATORY: Satisfactory/Unsatisfactory

COURSE:

To progress to NUR 1110 and NUR 1130, a student must achieve a minimum grade of 75% (C) in theory and a satisfactory clinical grade. All written assignments must be completed satisfactorily and submitted on time. The student must also participate in the Kaplan Integrated Testing Program and complete six hours of community service. The completed community service requirement form is due by the 12th week of each semester.

***Refer to Student handbook for complete information regarding policy on Evaluation/Grading.**

KAPLAN INTEGRATED TESTING PROGRAM

All NUR 1030 students will be participating in Kaplan Integrated Testing Online Tutorial Program. Quizzes, case studies, and remedial material will be periodically assigned to prepare NUR 1030 students for Unit and Final Exams. All NUR 1030 students are required to pay Kaplan \$37.50 by the due date (see notice). Kaplan Integrated Testing Online Tutorial Program is an integral study aid, supported by NUR 1030 nursing faculty. Assigned Kaplan Integrated Testing Online Tutorial Program study aids will be tracked by NUR 1030 nursing faculty and used as a foundation for student advisement.

AMERICANS WITH DISABILITIES ACT

If you have a physical, psychological, medical or learning disability that may impact on your ability to carry out assigned course work, I would urge that you contact the staff in the Student Support Services office (SSS), Room A 237, 718.260.5143. SSS will review your concerns and determine with you what accommodations are necessary and appropriate. All information and documentation of disability are confidential.

NEW YORK CITY COLLEGE OF TECHNOLOGY POLICY ON ACADEMIC INTEGRITY

Students and all others who work with information, ideas, texts, images, music, inventions, and other intellectual property owe their audience and sources accuracy and honesty in using, crediting, and citing sources. As a community of intellectual and professional workers, the College recognizes its responsibility for providing instruction in information literacy and academic integrity, offering models of good practice, and responding vigilantly and appropriately to infractions of academic integrity. Accordingly, academic dishonesty is prohibited in The City University of New York and at New York City College of Technology and is punishable by penalties, including failing grades, suspension, and expulsion. The complete text of the College policy on Academic Integrity may be found in the catalog.

REQUIRED TEXTS:

Potter & Perry (2011). *Basic nursing* (7th ed.). St. Louis: Mosby.

Hockenberry, M. (2009). *Wong's essentials of pediatric nursing* (text and simulation) (8th ed.). St. Louis: Mosby.

Hunt, R. (2208). *Introduction to community based nursing* (4th ed.). Philadelphia:Lippincott.

e-books:

<http://www.Lippincott's Nursing Drug Guide Mobile/Desktop Bundle>

<http://www.Manual of Lab & Diagnostic Tests Mobile/Desktop Bundle>

<http://www.Taber's Cyclopedia Medical Dictionary mobile/desktop>