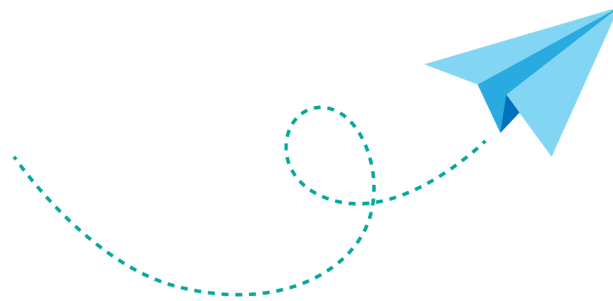


HOW TO PACK A SUITCASE: YOUR ULTIMATE GUIDE TO SMART-PACKING AS A TRAVELER

BY: SOJUNG JANG



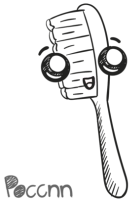
This instructional manual is intended for novice travelers who are unsure of what to pack for their trip. It will teach readers how to pack in a smart and neat manner that will give you space or all your essentials and belongings.

Note: The things or the kind of suitcase you need will vary depending on the kind of trip you are taking. My guide is a sample of a leisure travel for 7 days. For this kind of travel, I recommend using a carry-on luggage and a carry on bag, such as a small book bag or purse. There is really no need to check in a luggage unless you are traveling for long periods of time. Please keep in mind that you can still use this manual for your own travel, but you may need to add or switch up a few things accordingly.



Things You Need:

A Carry-on Luggage (A carry-on luggage is a bag you can take with you directly onto the plane and must be small enough to fit in the overhead bins or under your seat. The maximum dimensions are 9 inches x 14 inches x 22 inches.)



Toiletries

- Toothbrush, toothpaste
- Face cleanser and moisturizer
- Shampoo, conditioner, body wash
- Razors, deodorant (if needed)
- Sunscreen, makeup (optional)



Clothing

- 2 or 3 pairs of bottom wear (jeans, pants, or skirts)
- 7 shirts to change into daily (preferably in colors that are easy to coordinate)
- 7 pairs of under gourmets and socks (maybe even 1 or 2 extra won't hurt)
- Pajamas (something soft or silky so you can rest comfortably)
- Swimwear (if you're planning on going swimming)



Shoes

- One pair of sneakers
- One pair of slippers



Carry Ons For Your Purse or Bookbag (Some are optional)

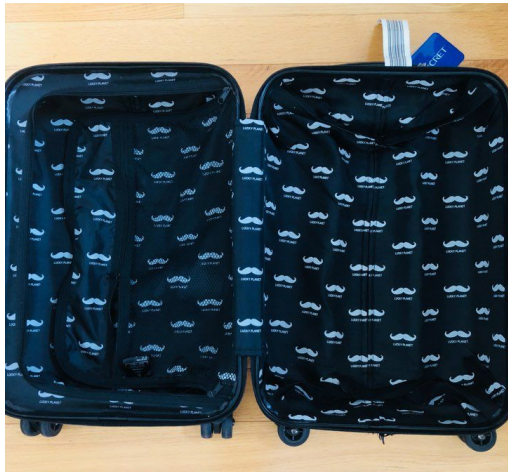
- Travel documents such as passports, IDs, flight information
- Electronic chargers
- Glasses (if needed) or sunglasses
- Neck pillow (optional)
- Pen (this may come in handy)
- Valuable items (money, jewelry camera, etc)
- Toiletries or makeup that are **TSA approved*** (optional, also see "What is TSA Approved?")

What is TSA Approved?

Everytime you get on an airplane to travel to your destination, you must go through airport security for the safety reasons. "TSA" stands for **Transportation Security Administration** and they have certain rules that you need to follow in order to bring your items onto the plane with you. There are *two rules*, one for **carry-on bags**, which is the bag you carry with you directly onto the plane. The other rule applies for **checked bags**, which are bags that you check in at the counter and is brought separate from you along with all the other checked bags. The rule is that for carry on bags, you are allowed to bring any forms of liquid that are less than, or no greater than *100 milliliters or 3.4 ounces*. It must also fit into a *quart-sized, clear container bag* which makes the security screening more efficient. For items or containers that go over the 100 milliliter limit, you must put them in your checked bag.

Warning: Failure to follow these rules will result in confiscation of your items!

Packing Your Luggage:



Step 1.

Open suitcase and make sure it's clean and empty. Then, prepare all items from the "Things You Need" list next to your suitcase.



Step 2.

Put all toiletries in one bag. You don't want these items to spill or move around everywhere inside your luggage, and better to keep altogether in one bag for your convenience. Make sure you follow the **TSA** rules, keep any liquid items to 100 milliliters or less inside a clear bag. For razors, it's always safer to bring disposables if you don't want any hassle with the airport security. Once you have everything in one bag, set aside for now.



Step 3.

Roll up your clothes! This is a good way to save space and your clothes will wrinkle less. Roll up all jeans and start packing your suitcase. Start by putting the rolled up jeans at the bottom of the suitcase and work your way up. After you fold your shirts, roll them up too, as continue filling in suitcase from bottom up.

Step 4.

Like your toiletries, put all your under garments in one bag. You can buy organizing bags on Amazon or Ebay, but if you don't want to spend too much money,



I recommend going to Dollar Tree and buying jumbo sized Ziploc bags or you can use clean plastic bags that may be laying around your house. Put all underwears and swimsuits into one bag and pack into suitcase. You may want to pack a few extra Ziploc or plastic bags for dirty or wet clothes later.

Step 5.

Put your shoes into Ziploc or plastic bags. This is a must unless you don't mind the dirty soles of your shoes mixing with all your belongings. Then pack neatly into suitcase.



Step 6.

Pack the bag of toiletries you had set aside earlier. The reason why I suggest you pack this last is once again due to **TSA** airport security reasons. It helps to have liquid forms in clear bags on top of the suitcase just in case security wants to check your bags.

Step 7.

Pack a small book bag or purse for all your essential carry-ons. This bag should contain everything from the "Carry Ons For Your Purse or Bookbag" list. Keep your traveling documents (passports, IDs) and flight ticket together so you can present it when told to do so without rummaging through your bags. Always pack your charger because there are plenty of charging stations within airports and also on the flight. Pens will

come in handy if you ever have to fill out any forms. Make sure all your valuable items are stored in the most secure place inside of your bag, preferably somewhere hard to reach since you probably won't need them anyway until you arrive to your destination.

Step 8.

Once you're all packed up and ready to go, check if you left anything out one last time! Always double check before you head out to the airport. Then when you're really all set to go, make sure to have lots of fun! Hopefully the next time packing will be easier for you!