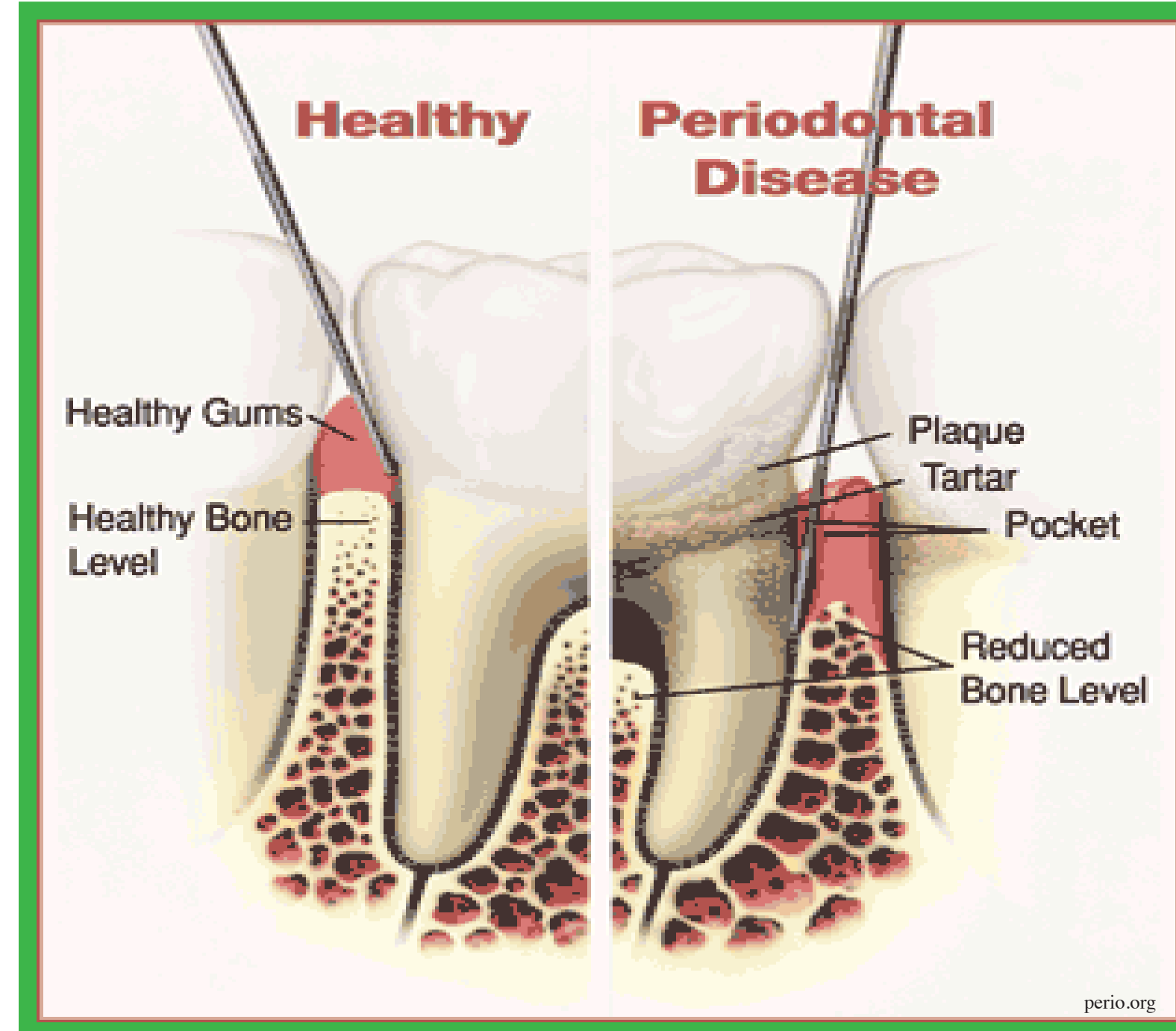




Periodontal Disease



Gestational Diabetes



Gestational Diabetes and Periodontal Disease

What is Periodontal Disease?

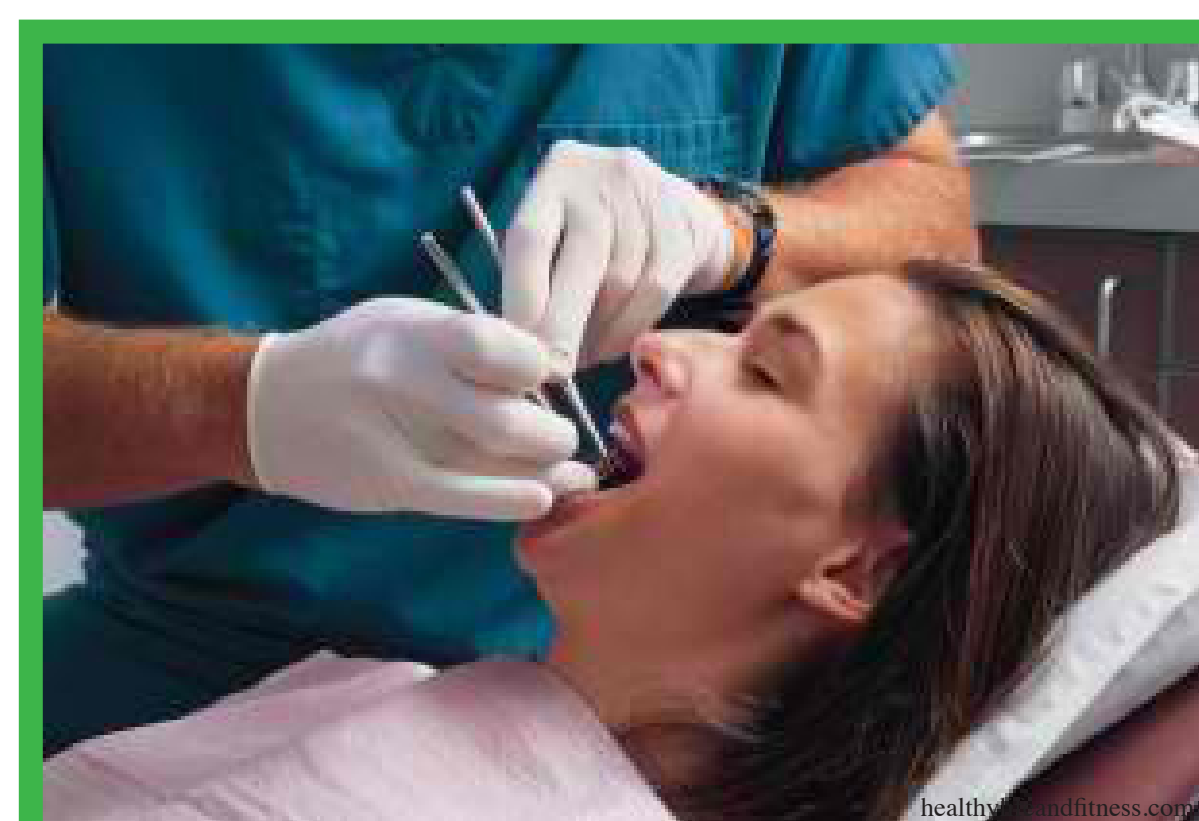
Periodontal disease refers to an inflammatory condition of the soft tissues surrounding the teeth and the destruction of the supporting structures of the teeth, including the periodontal ligament, bone, cementum, and soft tissues.

Symptoms of Periodontal Disease

- Red, swollen or tender gums
- Bleeding while brushing or flossing
- Gums that pull away from the teeth
- Pus between the gum and the tooth
- Persistent bad breath
- A change in the way your teeth fit together when you bite

Treatment for Periodontal Disease

- Initial cleaning, scaling
- Surgery – if needed for reducing deep pockets that remain underneath the gum after extensive cleaning sessions
- Low-dose oral or topical antibiotics
- Maintenance



Two way relationship between Gestational Diabetes and Periodontal Disease

- A two-way relationship exists between periodontal disease and gestational diabetes.
- Periodontal Disease appears to complicate diabetes by making the control of blood glucose levels more difficult.
- Gestational diabetic individuals who have weak immune systems are more likely to acquire bacterial infection associated with Periodontal Disease.
- On the other hand, Periodontal disease can influence the course of Gestational Diabetes.
- The diabetic individual need for insulin can be reduced once the individual successfully treated for periodontal disease.

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What is Gestational Diabetes?

Gestational diabetes is carbohydrate intolerance with onset or first detection during pregnancy

Symptoms of Gestational Diabetes

- Blurred vision
- Fatigue
- Frequent infections
- Increased thirst

Cause

Pregnancy hormones can block insulin from doing its job. When this happens, glucose levels may increase in a pregnant woman's blood

Treatments for Gestational Diabetes

- Keeping your weight down
- Making healthy food choices
- Exercising regularly

