



What is in a word?

SAGE

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COMD1112



RESEARCH

(Latin) **Salvia, salvus:** To heal, to feel healthy.
(Old French) **Sage:** Wise, knowledgeable, and skillful.

Adj. The word Sage first applied to reference to the seven sages of Greece; Thales, Solon, Periander, Cleobulus, Chilon, Bias, and Pittacus. They were known for their wisdom in the 6-7th century B.C. Therefore, as an adjective is used for those who are wise and experienced.



(*Salvia officinalis*) Herb native to the Northern Mediterranean. It was the a sacred ceremonial herb for the Romans. It has been used for culinary and medicinal purposes for the First Nations and Native Americans. When it's burned for ceremonial used it is believed that this plant purifies and cleanses. Native Americans think that it should be respected as a sacred plant. Also they say that part of their cleansing powers is the connection and the good intention in which it is gathered. This honors both the plant and earth.



BRAINSTORMING

* What is in a word? COMO 1112 *

① Sage (Sage)


"Sage mode" - moment of clarity.

Used during middle ages to refer to Ancient Greek philosophers.

Absorb, natural's charm and use it to make it their own strength.

Wisdom

- Experience
- Learning
- Knowledgeable





➤ Medicinal & culinary use.

• Blue-violet blooms (in summer)
→ orig. southern & central Europe

Heating properties

Sage as a tea

→ good for the head, memory, and brain




① seasoning
② essential oil - flavor
③ therapeutic use

Versatility (sacred plant)

* Sage 1112 * (Sage)

Sweet sedge - xdominant shape 4





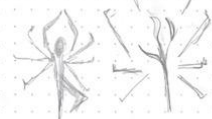
to heal melancholy

Plant of earth - cleansing power

Ceremony → spiritual cleansing

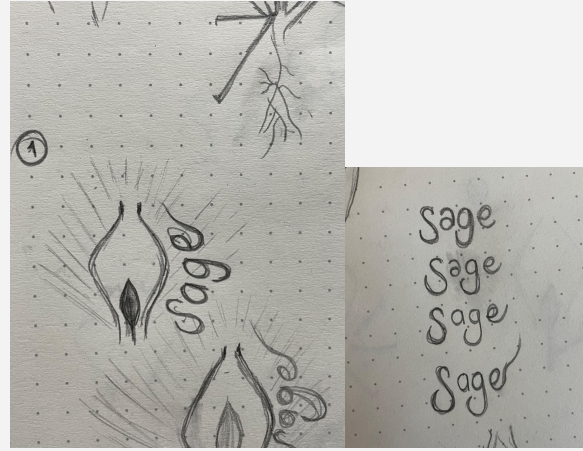
- versatility
- meditation

Sacred plant



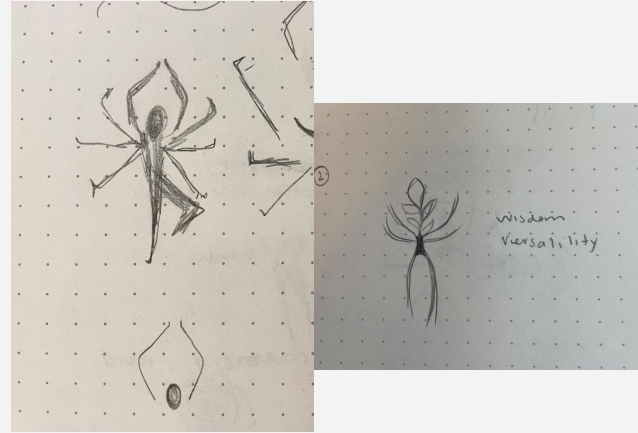
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CONCEPT 1



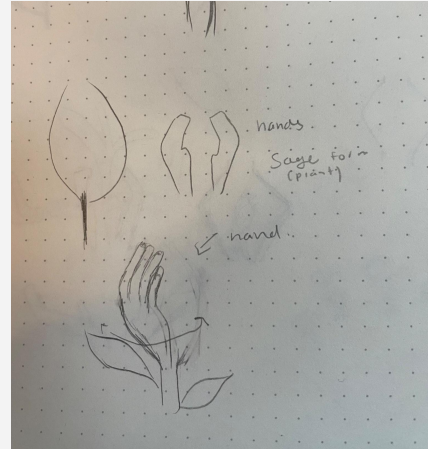
- Protection around the herb - arms form
- Brown: soil/earth color
- Sacred plant (lines above)

CONCEPT 2



- Versatility - seasoning, essential oil and therapeutic use.
- Human shape – wisdom, experience.
- Connection to the plant (root form) “honor plant and earth”.

CONCEPT 3



- Healing properties
- Sacred plant
- Connection (hand and leaf)- gathering of the plant.

CREDITS

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