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SBS 3201- Gender, Dress, and Society

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After what I could only describe as an insightful and inspiring semester in social behavioral science of gender, dress, and society, the question is how do I fit in society today when regarding to gender and dress. As a child gender roles and the understanding of it was crucial in our development, these roles were not only influenced by society but by also the media, your environment, and those you maintain a relationship with such as family members and friends. Being a female in today's society is already tough as it is, and for an African American plus size girl like myself it's even more so. For as long as I can remember society has instilled this false sense of what the ideal women should look like.

We live in a society today where we are constantly being told how to act, how much we should weigh, and how to dress. When it comes to dress it is very important especially for bigger women to be more conscientious when buying and wearing clothes. As body positivity is trending and people are beginning to embrace themselves, more brands are attempting to expand their clothing lines into the plus-size industry. A quote once stated by Marc Jacobs said "clothes mean nothing until someone lives in them" which best describes how we need to start viewing dress and even gender within today's society.