

Script

Group Introduction: Jessica, Natalie, Wendy, Emelisa and Joy

1. Did you brush this morning? How many time do we brush our teeth in a day?
2. Does anyone floss? Do we floss every day?
3. Does anyone go to the dentist? Do you like going to the dentist?
4. Do you know what a cavity is?
5. Has anyone had a tooth ache?

Introduce Educational Video (____minutes)

1. So what are the parts of the mouth we have to clean? Teeth, gums and Tongue
2. If we clean our teeth every day we will be healthier and no tooth pain!
3. It's really important to go see the dentist two times a year to keep your teeth clean and healthy
4. If we don't keep our teeth clean and we don't go the dentist, our teeth will start to hurt!
5. No we will show you (power point- what is it about)

PowerPoint Presentation (____minutes)

1. Review/Explain what is a cavity
2. How can we show we have a tooth ache? And what to do?

Do Group Practice – (____minutes)

The group members will take the participants to the bathroom and demonstrate a proper toothbrushing technique and flossing.

Give out Hand Outs

Feed Back – from teacher / parent / student

Play Game – The End